

CRESTON

ADMISSION, HOURS + SCHEDULES

September 8 to
December 20, 2026



To view the guide and register online visit rdck.ca/recreation or call 250.428.7127



Creston & District
Community Complex

FALL HOURS

September 8 – December 20, 2026

ANNUAL POOL SHUTDOWN: August 23 - September 7
POOL REOPENING: September 8

Hours of Operation are subject to change

	SUN	MON	TUE	WED	THU	FRI	SAT
AQUATIC CENTRE	1:00 - 6:00pm	6:30am - 2:00pm 3:30 - 8:00pm	8:00am - 2:00pm 3:30 - 8:00pm	6:30am - 2:00pm 3:30 - 8:00pm	8:00am - 2:00pm 3:30 - 8:00pm	6:30am - 2:00pm 3:30 - 8:00pm	9:00am - 6:00pm
FITNESS CENTRE	1:00 - 6:00pm	6:00am - 8:00pm	6:00am - 8:00pm	6:00am - 8:00pm	6:00am - 8:00pm	6:00am - 8:00pm	8:00am - 6:00pm

POOL ENTRANCE AGE: Children 7 years of age and older can access the pool without adult supervision. Children 6 years of age and under must be within arms' reach of a responsible adult 16 years of age or older who is in the water providing active supervision. Each adult may supervise a maximum of 3 children.

GENERAL ADMISSION RATES

	DROP-IN	10-PUNCH*
Child (0-4)	Free	-
Youth (5-18)	\$4.27	\$38.39
Adult (19-74)	\$8.53	\$76.78
Golden Guest (75+)	Free	-
Family (2 adults and up to 4 dependent children)	\$17.06	-

Prices do not include taxes. *10-punch passes expire 12 months from date of purchase

- Leisure Access Program rates apply.
- Reservations are available for specific programs in advance.
- Youth 13-15 years of age are required to participate in the Youth Weight Room orientations before they can access the Fitness Centre.

ACTIVE PROGRAM

The Active Program is a time-based membership that gives pass-holders unlimited general admission to: Public Swim, Lane Swim, Hot Tub, Fitness Centre, Included with Admission group fitness classes, Public Skate, and Shiny Hockey. Prices do not include tax.

	ACTIVE PROGRAM FEES		
	1 Month	3 Month	6 Month
Adult	\$76.78	\$195.78	\$345.50
Youth	\$38.39	\$97.89	\$172.75
2nd Adult	\$69.11	\$176.21	\$310.95
2nd Youth	\$34.55	\$88.10	\$155.48

Terms and conditions: To receive 2nd Adult or 2nd Youth pass discounts, pass holders must reside in the same household and must be purchased at the same time and of the same duration as regular Adult or Youth passes.

HOLIDAY HOURS

HOLIDAY CLOSURES

Labour Day
Truth & Reconciliation Day
Christmas Day
New Year's Day

HOLIDAYS OPEN

1:00 - 5:00pm

Thanksgiving Day
Boxing Day
New Year's Eve
Family Day

EARLY CLOSURES 4:00pm

Christmas Eve
New Year's Eve

LEISURE ACCESS PROGRAM

The Leisure Access Program helps residents of all ages living in the RDCK who are in financial hardship access RDCK recreation services.

This program provides further subsidy on general admission, membership services, and most registered programs. Individuals and families are welcome to apply.

A Leisure Access Pass is valid for up to one year and will expire every May 31.



POOL SCHEDULE

September 8 - December 20, 2026

**CHECK PAGE 2 FOR CLOSURES
AND HOLIDAY HOURS!**

Schedule is subject to change. Please visit rdck.ca/recreation for up to date information.

SAVE THE DATES! WIBIT™ DAYS on the 2nd & 4th Sunday of the month! **Pro-D Days**, September 25 & October 23, the pool will be open 6:30am - 8:00pm with no midday shut down. WIBIT will be out 1:00 - 2:30pm for extra FUN!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
LAPS & LEISURE 6:30 - 8:00am		LAPS & LEISURE 6:30 - 8:00am		LAPS & LEISURE 6:30 - 8:00am		
	HUSH SWIM & SOAK 8:00 - 9:30am	CARDIO JAMS 8:30 - 9:15am <i>Starts October 7</i>	HUSH SWIM & SOAK 8:00 - 9:30am	CARDIO JAMS 8:30 - 9:15am <i>Starts October 2</i>		
AQUA CONDITIONING 9:30 - 10:15am	LEISURE SWIM 9:30am - 2:00pm	GENTLE JOINTS 9:30 - 10:15am <i>Starts October 7</i>	LEISURE SWIM 9:30am - 2:00pm	GENTLE JOINTS 9:30 - 10:15am <i>Starts October 2</i>		
LEISURE SWIM 6:30am - 1:00pm		LEISURE SWIM 6:30am - 1:00pm		LEISURE SWIM 6:30am - 1:00pm	LEISURE SWIM 9:00am - 6:00pm	
LAPS & LEISURE 1:00 - 2:00pm		LAPS & LEISURE 1:00 - 2:00pm		LAPS & LEISURE 1:00 - 2:00pm		
LEISURE SWIM 3:30 - 6:00pm	LEISURE SWIM 3:30 - 7:00pm	LEISURE SWIM 3:30 - 6:00pm	LEISURE SWIM 3:30 - 7:00pm	LEISURE SWIM 3:30 - 6:00pm		
LIGHT SWIM 6:00 - 8:00pm	LAPS & LEISURE 7:00 - 8:00pm	LIGHT SWIM 6:00 - 8:00pm	LAPS & LEISURE 7:00 - 8:00pm	LIGHT SWIM 6:00 - 8:00pm		
						FUN SWIM 1:00 - 6:00pm <i>WIBIT™ swim from 1:00 - 2:30pm on 2nd and 4th Sunday of the month</i>

*Admission Policy: Children 7 years of age and older can access the pool without adult supervision. Children 6 years of age and under must be within arms' reach of a responsible adult 16 years of age or older who is in the water providing active supervision. Each adult may supervise a maximum of 3 children.

Leisure Swim Pool layout at lifeguards' discretion based on users in the pool.	Laps & Leisure 2+ lap lanes, leisure pool and hot areas available.	Fun Swim A fun feature (rock wall or diving board) will be open.	Included with Admission Program See program guide for details.	Hush Sensory Friendly Swim & Soak Inclusive quiet leisure swim. Music and all water features will be off and not available for this time.	Light Swim Fun leisure swim time with colour-changing underwater LED pool lights.
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Register Online: rdck.ca/recreation



Or Register by Phone: 250-428-7127

FITNESS SCHEDULE

September 8 - December 20, 2026

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AND HOLIDAY HOURS!**

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MONDAY		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
FULL BODY CIRCUIT 7:30 - 8:30am					FULL BODY CIRCUIT 8:00 - 9:00am <i>Starts September 18</i>
HATHA YOGA 9:00 - 10:00am		BOOTY BURN 9:15 - 10:15am	INDOOR CYCLE & STRENGTH 9:15 - 10:15am	FUNCTIONAL FITNESS 9:00 - 10:00am	
		TAI CHI BEGINNER 10:30 - 11:30am	SLOW STRENGTH FUNCTIONAL TRAINING 10:30 - 11:30am	TAI CHI INTERMEDIATE 10:15 - 11:15am	BALL CONDITIONING 9:30 - 10:30am
			MOVE TO IMPROVE 11:00am - 12:00pm <i>Starts October 7 Kootenay Room</i>		MOVE TO IMPROVE 11:00am - 12:00pm <i>Starts October 2</i>
YOGA FUSION 12:00 - 1:00pm		TOTAL BODY BARBELL 12:00 - 1:00pm	ZUMBA STEP 12:00 - 1:00pm	GYM CIRCUIT 12:00 - 1:00pm	
GROUP X 1:30 - 2:30pm		RESTORATIVE YOGA 1:30 - 2:30pm		VINYASA YOGA 1:30 - 2:30pm	HATHA YOGA 12:30 - 1:30PM
ZUMBA 5:00 - 6:00pm	TRX 5:15 - 6:15pm	STEP & STRENGTH 4:30 - 5:30pm	BELLY DANCING 5:00 - 6:00pm		

*Participants must be 15 years of age to attend classes

Included with Admission Program

See Program Guide for details.

Pre-Registered Program

See Program Guide for details.



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ARENA SCHEDULE

September 8 - December 20, 2026

**CHECK PAGE 2 FOR CLOSURES
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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			CHILL SKATE 8:00am - 9:00am			
			VINTAGE REC HOCKEY 9:15am - 10:45am			
VINTAGE REC HOCKEY 10:00am - 11:30am			PUBLIC SKATE/ ICE PUPS 11:00am - 12:00pm			
	LUNCH HOUR HOCKEY 11:45am - 1:00pm			LUNCH HOUR HOCKEY 11:45am - 1:00pm	PUBLIC SKATE 12:00pm - 1:15pm	
		STICK & PUCK 3:15pm - 4:15pm				YOUTH SHINNY 3:30pm - 4:30pm
						PUBLIC SKATE 4:45pm - 6:00pm

Included with Admission Program See Program Guide for details.	Pre-Registered Program See Program Guide for details.
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Skate Rentals: \$2.85 + tax Helmet Rentals: \$0.95 + tax

FACILITY RENTALS

Looking for the perfect spot for your next event or activity?

Whether you're interested in hosting an event in one of our facilities meeting rooms or wanting to rent ice time we've got you covered. Fill out a booking request form by scanning the QR Code and make your next gathering or event a hit.



RECREATION SPORTS SCHEDULE

September 8 – December 20, 2026

Adult (15+ years)

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					PICKLEBALL - RECREATIONAL 9:00 - 11:00AM <i>Creston Education Centre</i>
	VOLLEYBALL 5:00 - 6:30PM <i>Creston Education Centre</i>				PICKLEBALL - COMPETITIVE 11:15AM - 1:15PM <i>Creston Education Centre</i>
	TABLE TENNIS 6:30 - 8:00PM <i>Creston Room</i>	PICKLEBALL - RECREATIONAL 5:30 - 7:00PM <i>Creston Education Centre</i>			
BASKETBALL 7:00 - 8:30PM <i>Creston Education Centre</i>	BADMINTON 7:00 - 9:00PM <i>Creston Education Centre</i>	PICKLEBALL - COMPETITIVE 7:15 - 9:15PM <i>Creston Education Centre</i>	VOLLEYBALL 7:00 - 8:30PM <i>Creston Education Centre</i>		

YOUTH (3 - 15 years)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			TOT SOCCER 3:30 - 4:15PM <i>Ages 3 - 6 years</i> <i>Creston Education Centre</i>		
LEARN TO PLAY BASKETBALL 4:00 - 5:00PM <i>Ages 8 - 12 years</i> <i>Creston Education Centre</i>			TOT SOCCER 4:30 - 5:15PM <i>Ages 3 - 6 years</i> <i>Creston Education Centre</i>	FLOOR HOCKEY 4:30 - 6:00PM <i>Ages 8 - 12 years</i> <i>Creston Education Centre</i>	
YOUTH BASKETBALL 5:15 - 6:45PM <i>Ages 12 - 15 years</i> <i>Creston Education Centre</i>	LEARN TO PLAY TENNIS 5:00 - 6:30PM <i>Ages 9 - 12 years</i> <i>Tennis Courts</i>			FLOOR HOCKEY 6:15 - 7:45PM <i>Ages 13 - 17 years</i> <i>Creston Education Centre</i>	

Included with Admission Program

See Program Guide for details.

Pre-Registered Program

See Program Guide for details.