

CASTLEGAR

ADMISSION, HOURS + SCHEDULES

September 8 to
December 20, 2026



To view the guide and register online visit rdck.ca/recreation or call 250.365.3386



FALL HOURS

September 8 – December 20, 2026

POOL SHUTDOWN: August 1 - September 13
FITNESS SHUTDOWN: August 31 - September 7
FULL FACILITY CLOSURE: September 5 - 7

Hours of Operation are subject to change

	SUN	MON	TUE	WED	THU	FRI	SAT
AQUATIC CENTRE	9:00am - 4:00pm	6:00am - 8:00pm	6:30am - 8:00pm	6:00am - 8:00pm	2:00pm - 8:00pm	6:00am - 8:00pm	9:00am - 4:00pm
FITNESS CENTRE	9:00am - 4:00pm	6:00am - 8:00pm	6:00am - 8:00pm	6:00am - 8:00pm	6:00am - 8:00pm	6:00am - 8:00pm	9:00am - 4:00pm

POOL ENTRANCE AGE: Children 7 years of age and older can access the pool without adult supervision. Children 6 years of age and under must be within arms' reach of a responsible adult 16 years of age or older who is in the water providing active supervision. Each adult may supervise a maximum of 3 children.

GENERAL ADMISSION RATES

	DROP-IN	10-PUNCH*
Child (0-4)	Free	-
Youth (5-18)	\$4.27	\$38.39
Adult (19-74)	\$8.53	\$76.78
Golden Guest (75+)	Free	-
Family (2 adults and up to 4 dependent children)	\$17.06	-

Prices do not include taxes. *10-punch passes expire 12 months from date of purchase

- Leisure Access Program rates apply.
- Reservations are available for specific programs in advance.
- Youth 13-15 years of age are required to participate in the Youth Weight Room orientations before they can access the Fitness Centre.

ACTIVE PROGRAM

The Active Program is a time-based membership that gives pass-holders unlimited general admission to: Public Swim, Lane Swim, Hot Tub, Fitness Centre, Included with Admission group fitness classes, Public Skate, and Shiny Hockey. Prices do not include tax.

	ACTIVE PROGRAM FEES		
	1 Month	3 Month	6 Month
Adult	\$76.78	\$195.78	\$345.50
Youth	\$38.39	\$97.89	\$172.75
2nd Adult	\$69.11	\$176.21	\$310.95
2nd Youth	\$34.55	\$88.10	\$155.48

Terms and conditions: To receive 2nd Adult or 2nd Youth pass discounts, pass holders must reside in the same household and must be purchased at the same time and of the same duration as regular Adult or Youth passes.

HOLIDAY HOURS

HOLIDAY CLOSURES

Labour Day
 Truth & Reconciliation Day
 Christmas Day
 New Year's Day

HOLIDAYS OPEN

1:00 - 5:00pm

Thanksgiving Day
 Boxing Day
 New Year's Eve
 Family Day

EARLY CLOSURES 4:00pm

Christmas Eve
 New Year's Eve

LEISURE ACCESS PROGRAM

The Leisure Access Program helps residents of all ages living in the RDCK who are in financial hardship access RDCK recreation services.

This program provides further subsidy on general admission, membership services, and most registered programs. Individuals and families are welcome to apply.

A Leisure Access Pass is valid for up to one year and will expire every May 31.



POOL SCHEDULE

September 14 – December 20, 2026

**CHECK PAGE 2 FOR CLOSURES
AND HOLIDAY HOURS!**

*Schedule is subject to change. Please visit
rdck.ca/recreation for up to date information.*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
LAPS & LEISURE 6:00am - 8:00am	LAPS & LEISURE 6:30am - 8:00am	LAPS & LEISURE 6:00am - 8:00am		LAPS & LEISURE 6:00am - 8:00am		
AQUA CONDITIONING 9:00 - 10:00am		TOTAL BODY AQUAFIT 9:00 - 10:00am		TOTAL BODY AQUAFIT 9:00 - 10:00am		
LEISURE SWIM 8:00am - 2:00pm	LEISURE SWIM 8:00am - 8:00pm	LEISURE SWIM 8:00am - 2:00pm		LEISURE SWIM 8:00am - 8:00pm	LEISURE SWIM 9:00am - 12:30pm	LEISURE SWIM 9:00am - 12:30pm
HUSH SWIM & SOAK 2:00 - 3:30pm	GENTLE CARDIO 2:15 - 3:15pm	HUSH SWIM & SOAK 2:00 - 3:30pm			FUN SWIM 12:30 - 3:30pm	FUN SWIM 12:30 - 3:30pm
LEISURE SWIM 3:30pm - 8:00pm		LEISURE SWIM 3:30pm - 8:00pm	LEISURE SWIM 2:00 - 8:00pm		LEISURE SWIM 3:30 - 4:00pm	LEISURE SWIM 3:30 - 4:00pm

**Admission Policy: Children 7 years of age and older can access the pool without adult supervision. Children 6 years of age and under must be within arms' reach of a responsible adult 16 years of age or older who is in the water providing active supervision. Each adult may supervise a maximum of 3 children.*

Leisure Swim

Pool layout at lifeguards' discretion. 1+ lane, leisure pool and hot areas available.

Laps & Leisure

3 lanes, leisure pool and hot areas available.

Fun Swim

No lap lane guaranteed. A fun feature (rope swing or rock wall) will be open

Included with Admission Program

See program guide for details.

Hush Sensory Friendly Swim & Soak

Inclusive quiet leisure swim. Music and all water features will be off and not available for this time.



Register Online: rdck.ca/recreation

Or Register by Phone: 250.365.3386

FITNESS SCHEDULE

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AND HOLIDAY HOURS!**

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	RISE AND SHINE TOTAL BODY 6:10 - 7:00am		RISE AND SHINE TOTAL BODY 6:10 - 7:00am		
TRX STRENGTH AND FLEXIBILITY 7:15 - 8:00am		TRX STRENGTH AND FLEXIBILITY 7:15 - 8:00am			SPIN 9:15am - 10:15am
		WEIGHT ROOM CIRCUIT 8:30 - 9:30am		WEIGHT ROOM CIRCUIT 8:30 - 9:30am	
STUDIO CIRCUIT 9:00 - 10:00am	STEP 9:00 - 10:00am		STEP 9:00 - 10:00am		
BALANCE & MOBILITY 10:30 - 11:30am	HEALTH & RECOVERY 10:15 - 11:45am	BALANCE & MOBILITY 10:30 - 11:30am	HEALTH & RECOVERY 10:15 - 11:45am		
SPIN AND STRENGTH 5:30 - 6:30pm	BEGINNER TRX 5:15 - 6:00pm	SPIN 5:30 - 6:30pm	BEGINNER TRX 5:15 - 6:00pm		

*Participants must be 15 years of age to attend classes.

Included with Admission Program
See Program Guide for details.

Pre-Registered Program
See Program Guide for details.



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ARENA SCHEDULE

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
				ICE PUPS 10:15 - 11:00am		
	CHILL SKATE 11:30 - 12:30pm	LUNCH HOUR HOCKEY 11:15am - 12:45pm		LUNCH HOUR HOCKEY 11:15am - 12:45pm		
					PUBLIC SKATE 12:00 - 1:15pm	PUBLIC SKATE 12:00 - 1:15pm
STICK & PUCK 1:30 - 2:30pm						
	STICK & PUCK 2:45 - 3:45pm					
			RINK ROOKIES/ RINK RATS 5:45 - 6:45pm			

Included with Admission Program See Program Guide for details.	Pre-Registered Program See Program Guide for details.
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Skate Rentals

\$2.85 + tax

Helmet Rentals

\$.95 + tax

FACILITY RENTALS

Looking for the perfect spot for your next event or activity?

Whether you're interested in hosting an event in one of our facilities meeting rooms or wanting to rent ice time we've got you covered. Fill out a booking request form by scanning the QR Code and make your next gathering or event a hit.

