



# Job Posting

Nelson & District Community Complex  
Nelson, BC

## FITNESS TECHNICIAN

Regular—Benefitted

Internal Posting

The Regional District of Central Kootenay (RDCK) is seeking a highly motivated individual for the position of **Fitness Technician** at the Nelson & District Community Complex

Under the general supervision of the Assistant Recreation Services Supervisor, the Fitness Technician is part of the Fitness Team at the Nelson and District Community Complex (NDCC). Duties include providing a high level of customer service to NDCC clients utilizing the Fitness Centre. The employee must exercise care in routine dealings with other employees and provide assistance to customers using the facilities.

### REQUIRED KNOWLEDGE, SKILLS & ABILITIES:

- Demonstrated scanning skills.
- Demonstrated team work and leadership abilities.
- Demonstrated ability to communicate effectively with supervisor, co-workers and members of the public.
- Demonstrated ability to effectively follow emergency procedures.
- Demonstrated ability to provide an exceptional level of customer service.
- General knowledge of fitness equipment maintenance.
- Knowledge of exercise orientation for apparently healthy individuals.
- Strong inter-personal skills.
- Ability to demonstrate initiative and self-motivation.

This is a regular, benefitted position making \$25.42 per hour.

Success in these positions requires a high degree of flexibility and an ability to work varying schedules which may include mornings, day times, evenings and/or weekends.

### REQUIRED QUALIFICATIONS:

- Standard First Aid.
- CPR 'C'.
- Weight Training Certification.
- Satisfactory Criminal Record.

### PREFERRED QUALIFICATIONS:

- Grade 12 or equivalent.
- Weight room experience.
- Microsoft Office experience.



This posting, along with a detailed job description, can be found on our website at [www.rdck.ca/jobs](http://www.rdck.ca/jobs).

To apply please complete our online form which can be found here: [Employment Application](#).

Applications submitted in the form of a resume & cover letter will be accepted

**until 9:00am, June 18th, 2026.**

*Thank you for your interest in working with the Regional District of Central Kootenay. All submissions will be acknowledged although only those individuals shortlisted to participate in the interview/testing process will be contacted. This posting may be used to fill other similar positions within the RDCK over the next six months.*

**For more information contact:**  
250.352.1515 or visit [rdck.ca/jobs](http://rdck.ca/jobs) to apply