



# Job Posting

Nelson & District Community Complex  
Nelson

## PERSONAL TRAINER

### Part-Time

The Personal Trainer is responsible for creating exercise prescriptions and conducting workouts for clients that are goal-driven, safe and fun with a strong emphasis on customer service standards (all in accordance with the BCRPA and NFLAC guidelines).

The personal trainer is responsible for ensuring the safety of participants while providing quality training sessions. The personal trainer must exercise care in routine dealings with other employees and provide assistance to the public using the facility.

#### REQUIRED TRAINING & CERTIFICATIONS:

- Standard First Aid
- CPR “C”
- AED
- BCRPA Personal Trainer Certification or equivalent
- Satisfactory Criminal Records Check including a Vulnerable Sector Search



#### REQUIRED KNOWLEDGE, SKILLS & ABILITIES:

- Demonstrated ability to conduct an effective fitness assessment and design an appropriate exercise prescription.
- Demonstrated team work and leadership abilities.
- Demonstrated ability to communicate effectively with supervisor, co-workers and members of the public.
- Demonstrated ability to effectively follow emergency procedures.
- Demonstrated ability to provide an exceptional level of customer service.
- Demonstrated knowledge of the personal trainer scope of practice and ability conduct oneself within its parameters at all times.
- Ability to demonstrate initiative and self motivation

This is a part-time permanent position working up to 24 hours hours per week.

The normal starting salary for this position is \$28.73 with a range of \$27.49—\$31.33 based on experience.

This posting along with a detailed job description can be found on our website at [www.rdck.ca/jobs](http://www.rdck.ca/jobs).

To apply please complete our online form that can be found here: [EMPLOYMENT APPLICATION](#)

Applications in the form of a resume & cover letter detailing qualifications & experience relevant to the position will be accepted

**until filled.**

*Thank you for your interest in working with the Regional District of Central Kootenay. All submissions will be acknowledged although only those individuals shortlisted to participate in the interview/testing process will be contacted. This posting may be used to fill other similar positions within the RDCK over the next six months.*

**For more information contact:**  
250.352.1515 | or visit [rdck.ca/jobs](http://rdck.ca/jobs)