

SLOCAN VALLEY

PROGRAM GUIDE

SUMMER 2026

Registration
Start Date:
Monday, June 8
7:00 am

To view the guide and register online visit rdck.ca/recreation.

NEW
Regional
Parks Info

See page 11
for details



Slocan Valley Recreation
All the fun that fits



Slocan Valley Recreation

All the fun that fits



Visit Us

3036 Hwy 6, Slocan Park, BC | rdck.ca/recreation

Contact Us

250-226-0008



Online Registration

rdck.ca/recreation

Need to setup an online registration account?
Fill out the [RDCK Client Profile Form](#)



[Like us on Facebook](#)

UPDATED How to Register for Included with Admission Programs



PUNCH PASS



TIME-BASED MEMBERSHIP



GENERAL ADMISSION (Cash)



GENERAL ADMISSION (Credit card)

ONLINE

Not available

Up to 24 hours in advance

Not available

Up to 24 hours in advance

IN PERSON

Same day

Up to 24 hours in advance

Up to 24 hours in advance

Up to 24 hours in advance

Register online at: rdck.ca/recreation

WITHDRAWAL FEES POLICY

This policy applies to all recreation and leisure programs offered by the Regional District of Central Kootenay (RDCK) at any of our community complexes, recreation departments or other facilities.

You can withdraw your program registration and receive a full refund without any administrative fee up to 72 hours (3 days) before the program starts.

If you withdraw from the program between 72 and 24 hours before the programs starts, you will receive a refund of your registration fee minus a 10% administrative fee.

If you withdraw from a single-session program or private lesson within 24 hours before the program starts, you will not receive a refund. If the program has multiple sessions, you will receive a refund minus a 25% administrative fee.

If you withdraw from a program after it has started, you will not receive a refund.

If you withdraw from a Specialty, Advanced or Certification course within 7 days before the course starts, you will not receive a refund.

Refunds for program withdrawals due to medical or special circumstances can be requested with appropriate documentation and must be approved by authorized RDCK staff.



Stay home if you are sick



Masks are a personal choice for guests



Be kind to each other



LEISURE ACCESS PROGRAM

The Leisure Access Program helps residents of all ages living in the RDCK who are in financial hardship access RDCK recreation services.

This program provides further subsidy on general admission, membership services, and most registered programs. Individuals and families are welcome to apply.

Once approved, LAP members will be given a subsidy credit amount of \$100 for adults and \$150 for youth. LAP members can use their available subsidy towards accessing recreation services based on the following discounts*:

- General Admissions – up to 50% (Adults) & 75% (Youth)
- Memberships - up to 50% (Adults) & 75% (Youth)
- Programs – up to 50% subsidy on advertised rates for programs.
- CHEER events – 100% subsidized admission

A Leisure Access Pass is valid for up to one year and will expire every May 31st.

Terms and conditions: *Discounts can only be applied if the LAP member has subsidy credit remaining on their account. LAP members are not able to choose to use more of their subsidy credit towards a discount greater than the allotted discount amount, even if the user has credit available. They are able to choose to use less of their subsidy credit if they wish.

Visit rdck.ca/recreation or scan the QR code for more information.





WATER WISE EVENT

DROWNING IS PREVENTABLE! Are you Water Wise?

Join us for a day of **essential water safety education!** The Regional District of Central Kootenay is excited to invite you to a **special event at the beach**. Our Swim to Survive® instructors will be on hand to provide invaluable insights into water safety, including the latest research findings, tips for selecting the right life jacket, and leading in water Swim to Survive® skill development sessions.

Come on down and connect with your neighbours and learn how to stay safe in, on, and around the water. Whether you're a seasoned swimmer or just starting to dip your toes in the water, there's something for everyone at this event. Don't miss out on this opportunity to equip yourself and your loved ones with life-saving knowledge. See you there!

Saturday, July 18

12:00 - 3:00pm

Slocan Beach, Village of Slocan

Sunday, July 19

12:00 - 3:00pm

Salmo Pool

Saturday, July 25

12:00 - 3:00pm

Crescent Valley Beach Regional Park

Taghum Beach Regional Park

Twin Bays Beach



Register Online: rdck.ca/recreation

Or Register by Phone: 250.226.0008

NATIONAL DROWNING PREVENTION WEEK

#NDPW2026

July 19 - 25, 2026



The majority of people who drown had no intention of going into the water. For swimmers and non-swimmers alike, immersion is sudden, unexpected and often silent.

Basic swimming ability and water safety knowledge is a fundamental skill for survival. Join us for swimming lessons for all ages and abilities, or attend a Water Wise event near you to learn how to stay Water Smart this summer!

COLOURING CONTEST

Three Age Groups:

4 - 6 years | 7 - 9 years | 10+ years

Join us this National Drowning Prevention Week to learn about Water Smart messaging in a fun and creative way!

Colouring posters, complete with educational messaging, will be available through Summer Camps and at the RDCK complexes from July 10 - 25, and once you complete your masterpiece, it will be proudly put on display

Winners will be chosen and notified by August 10th.

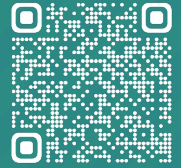


Water Smart® Tips

- 1. Always wear a properly fitting lifejacket!**
Don't just have it in the boat. Pick one and wear it.
- 2. Stay sober in, on, and around the water.**
Both alcohol and cannabis use impair balance, judgment and reflexes.
- 3. Know before you go.**
Check the weather forecast and complete a simple safety checklist.
- 4. Closely supervise young children near water.**
If you're not "within arms' reach" of them, you've gone too far.
- 5. Always swim with a buddy.**
And play and swim in areas supervised by a lifeguard.
- 6. Learn to swim and learn lifesaving skills.**
Go further...take a Lifesaving Society program: swimming lessons for adults and children, Bronze Medallion, Bronze Cross, National Lifeguard or other lifesaving program. Contact your local aquatic facility for more information.

ADVANCED TRAINING OPPORTUNITIES!

Learn more and apply for funded training at rdck.ca/GetTraining or scan the QR Code.



Start your career in recreation!

Applications for the Summer 2026 season open on June 1, 2026 and close on June 22, 2026.

CAREER IN RECREATION - AQUATICS TRAINING

Bronze Medallion

Prerequisites: 13 years of age by last day of course, or hold Bronze Star certification

 **Multiple dates and locations, see below**

Bronze Medallion teaches an understanding of the lifesaving principles embodied in the four components of water rescue education – judgment, knowledge, skill and fitness. Rescuers learn self-rescue techniques, defense and release methods, and tows and carries in preparation for challenging rescues. Lifesavers develop stroke efficiency and endurance in a 400m swim.

Bronze Medallion is a prerequisite for Bronze Cross Assistant Lifeguard.

Cost includes the Canadian Lifesaving Manual. Please bring your government-issued photo ID.

***100% attendance is required**

CASTLEGAR / CDRD
Monday - Thursday
10:00am - 4:00pm
July 6 - July 9
\$210 + tax 104392

NELSON / NDCC
Monday - Thursday
10:00am - 4:00pm
August 10 - 13
\$210 + tax 104425

SALMO
Monday - Thursday
10:00am - 4:00pm
July 27 - 30
\$210 + tax 104442

CRESTON / CDCC
Monday - Thursday
9:30am - 3:30pm
August 17 - 20
\$210 + tax 104476

Bronze Cross Assistant Lifeguard

Prerequisites: Bronze Medallion

 **Multiple dates and locations, see below**

The Lifesaving Society Bronze Cross begins the transition from lifesaving to lifeguarding and prepares candidates for responsibilities as assistant lifeguards. Candidates strengthen and expand their lifesaving skills and begin to apply the principles and techniques of active surveillance in aquatic facilities. Bronze Cross emphasizes the importance of teamwork and communication in preventing and responding to aquatic emergencies.

Bronze Cross is one of the prerequisite awards for all advanced Lifeguard and Leadership training programs and is worth two grade 11 high school credits.

Cost includes a lifeguard whistle. Please bring your Canadian Lifesaving Manual, government-issued photo ID, and a copy of your Bronze Medallion certification.

***100% attendance is required**

CASTLEGAR / CDRD
Monday - Thursday
10:00am - 4:00pm
July 13 - July 16
\$172 + tax 104416

NELSON / NDCC
Monday - Thursday
10:00am - 4:00pm
August 24 - 27
\$172 + tax 104426

SALMO
Monday - Thursday
10:00am - 4:00pm
August 17 - 20
\$172 + tax 104443

CRESTON / CDCC
Monday - Thursday
9:30am - 3:30pm
July 6 - 9
\$172 + tax 104473

National Lifeguard (Pool)

Prerequisites: By last day of course, 15 years of age. By first day of course, Bronze Cross and Standard First Aid with CPR-C



Multiple dates and locations, see below

The National Lifeguard (Pool) certification is designed to develop the fundamental values, judgment, knowledge, skills and fitness required by lifeguards. The National Lifeguard course emphasizes the lifeguarding skills, principles and practices, and the decision-making processes which will assist the lifeguard to provide effective safety supervision in swimming pool environments.

National Lifeguard (Pool) is worth two grade 12 high school credits. You must be 16 years of age to be employed as a lifeguard.

Cost includes alert manual and lifeguard tool kit. Please bring your government-issued photo ID, and a copy of your Bronze Cross and Standard First Aid certifications.

***100% attendance is required**

CRESTON / CDCC
Monday - Thursday
9:00am - 3:30pm
July 13 - 16, July 20 - 23
\$630 + tax

104499

CASTLEGAR / CDRD
Monday - Thursday
10:00 - 4:30pm
July 20 - 23, July 27 - 30
\$630 + tax

104423

National Lifeguard (Pool) & Airway Management and Oxygen Administration - Recertification

Prerequisites: National Lifeguard and Airway Management & Oxygen Administration

National Lifeguard Recertification courses are available to renew your National Lifeguard (Pool) award to "current" status. This course includes a 4 hour precertification, 2 hour Airway Management and Oxygen Administration recertification, and 5 hour recertification. The objective of the precertification is to provide candidates an opportunity to review NL skills and knowledge and to provide education on new information before the start of the recertification. Although not a requirement, it is highly encouraged that candidates attend the precertification prior to attempting the recertification exam.

Please bring your ALERT Manual, whistle and lifeguard toolkit, government-issued photo ID, and copy of your National Lifeguard (Pool) and Airway Management and Oxygen Administration certifications.

CASTLEGAR / CDRD
Monday: 9:00 - 4:30pm
Tuesday: 12:00 - 4:30pm
June 29 & 30
\$157 + tax

104424

For all first aid and aquatic certifications that require a prerequisite, the prerequisite must be presented at the start of day 1 of class to participate. RDCK programs are Lifesaving Society issued.

Swim for Life Instructor Recertification

Prerequisites: Swim for Life Instructor, Online Adapted Swim Instructor Module



Multiple dates and locations, see below

The Swim For Life Instructor Recertification includes 2.5 hours of classroom learning 2.5 hours of in-water learning. Come prepared to demonstrate your swim strokes and skills, be evaluated and learn all updates of the Swim for Life program.

Please bring your swim instructor kit, whistle, government-issued photo ID, and swim for life instructor certification.

CRESTON / CDCC
Thursday
9:30am - 3:30pm
August 6
\$124 + tax

104480

NELSON / NDCC
Monday
10:00am - 4:00pm
August 31
\$124 + tax

104638



MORE THAN JUST EMPLOYMENT!

JOIN THE TEAM!

Employment in recreation is a rewarding experience that allows you to gain valuable leadership, communication & teamwork skills!



Register Online: rdck.ca/recreation

Or Register by Phone: 250.226.0008



CAREER IN RECREATION - FIRST AID

Standard First Aid with CPR-C

Standard First Aid is a WorkSafe BC Intermediate First Aid equivalent and can be used in the workplace.

 **Multiple dates and locations, see below**

This course includes comprehensive training covering all aspects of first aid, CPR and AED use. Whether you need training for employment or simply want to be prepared to respond to life threatening emergencies, this course will give you the skills and knowledge to act with confidence. Certification includes CPR-C and AED.

Cost includes the Canadian First Aid Manual and pocket mask. Please bring your government-issued photo ID.

CASTLEGAR / CDRD
Thursday & Friday
9:00am - 6:00pm
July 9, 10
\$239 + tax

104438

NELSON / NDCC
Saturday & Sunday
9:00am - 6:00pm
August 15, 16
\$239 + tax

104435

If you withdraw from a specialty, advanced or certification course within 7 days before the course starts, you will not receive a refund.

Refunds for program withdrawals due to medical or special circumstances can be requested with appropriate documentation and must be approved by authorized RDCK staff. Please see withdrawal policy on page 2.

Standard First Aid with CPR-C Recertification

Prerequisites: Standard First Aid with CPR-C Certification from an approved agency (Lifesaving Society, St. John Ambulance, Heart & Stroke Foundation of Canada, Canadian Red Cross, or Canadian Ski Patrol)

Standard First Aid awards must be recertified every 3 years. Standard First Aid recertifications are equivalent to WorkSafe BC Intermediate First Aid. Recertification includes CPR-C and AED.

Please bring your Canadian First Aid Manual, pocket mask, previous Standard First Aid certification and government-issued photo ID.

NELSON / NDCC
Saturday & Sunday
9:00am - 2:00pm
July 4, 5
\$128 + tax

104436

CPR-C Recertification

Prerequisites: CPR-C Certification from an approved agency (Lifesaving Society, St. John Ambulance, Heart & Stroke Foundation of Canada, Canadian Red Cross, or Canadian Ski Patrol)

CPR-C awards must be recertified every 3 years. Recertification includes CPR-C and AED.

Please bring your pocket mask, previous CPR-C certification and government issued photo ID.

NELSON / NDCC
Saturday
9:00am - 2:00pm
July 4
\$62 + tax

104437

SLOCAN VALLEY SUMMER CAMPS

Registration Start Date: Monday, April 13 7:00am



Camp Details

HOURS OF OPERATION:
8:30 am – 3:30 pm Daily

Additional Support

Children who benefit from 1 to 1 support may be eligible to bring a family provided support worker during the 2026 summer camp season. Contact the Recreation Services Supervisor in your area for more information.

Check – in: 8:30 am

Staff will start the check-in process at **8:30 am**. All campers must be accompanied into the centre and signed into camp daily by a parent/guardian.

Pick – up: 3:30 pm

Parents/Guardians are responsible for picking up their child no later than **3:30pm**. Please confirm the pick-up location each day with staff during drop-off.

Confirm account details, including email address, when registering for important camp information!

Bring to Camp Checklist

- Weather appropriate shoes for walking and running
- Hat, sunscreen and long sleeve shirt
- Swimsuit and towel
- Spare set of clothes
- Backpack with name visible on the outside
- Lunch and 2 – 3 snacks (*no nuts please*)
- 2 water bottles full of water

Safety of your child is our top priority!

Not feeling well? – Please stay home and get better! Please refer to the Cancellation Policy which can be found on our webpage at www.rdck.ca

Withdrawal Guidelines

72 hours advanced notice is required before the program starts to receive a full refund for single day or multi day camps.

We are here for you!

We encourage you to call your local RDCK recreation department to ask questions about Summer Camps prior to registering to avoid disappointment. We are always striving to improve our programs so please feel free to share any of your comments or suggestions.

Rene Groenhuysen, Recreation Services Supervisor
Phone: 778-460-5231
Email: rgroenhuysen@rdck.bc.ca

SLOCAN VALLEY SUMMER CAMPS



Slocan Valley Recreation offers quality summer camps for children ages 6-12 providing a fun, safe place to play and meet new friends. These experiences nurture creativity, build self-esteem, improve social interaction and increase physical stamina. All of our summer camps share a similar daily routine where campers will enjoy arts and crafts, games, outdoor activities and opportunities to unleash their imagination with the designated theme for each week.

Additionally, there are "Specialized Camps" which include at least 2 hours each day of specific instruction in the designated activity, providing a high quality experience for the campers. The specialized program is taught by local professionals whom we are very excited to work with this year. Slocan Valley Recreation is excited to offer 5 weeks of specialized camps this summer! It is sure to be a memorable summer camp experience for everyone!

AGES 6 - 12 CAMPS

WEEK 1	JULY 2ND - 3RD <i>*Slocan Park Hall</i>	PIRATE PARTY	\$65/2 days 103150
WEEK 2	JULY 6TH - 9TH <i>*Slocan Park Hall</i>	WORLD CUP WEEK	\$125/4 days 103151
WEEK 3	JULY 13TH - 16TH <i>*Slocan Park Hall</i>	ARCHERY CAMP <i>*Specialized Instructor - Chris Petersen</i>	\$125/4 days 103153
WEEK 4	JULY 20TH - 23RD <i>*Slocan Park Hall</i>	MUSICAL THEATRE: STORY-TELLING THROUGH DANCE <i>*Specialized Instructor - Star Liss</i>	\$125/4 days 103154
WEEK 5	JULY 27TH - 30TH <i>*Slocan Park Hall</i>	CREATIVE CAMPERS	\$125/4 days 103155
WEEK 6	AUGUST 4TH - 6TH <i>*Slocan Park Hall</i>	ART CAMP <i>*Specialized Instructor - Rachel Simoni</i>	\$95/3 days 103156
WEEK 7	AUGUST 10TH - 13TH <i>*Slocan Park Hall</i>	STEM CAMP <i>*Specialized With - Tadpole Technologies</i>	\$125/4 days 103157
WEEK 8	AUGUST 17TH - 20TH <i>*Valley View Golf and Slocan Park Hall</i>	GOLF (BALL AND DISC) CAMP <i>*Specialized Instructor - Ezra Buller</i> <i>*Golf portion Monday & Wednesday only</i>	\$125/4 days 103158
WEEK 9	AUGUST 24TH - 27TH <i>*Slocan Park Hall</i>	SUMMERTIME WIND-UP	\$130/4 days 103159

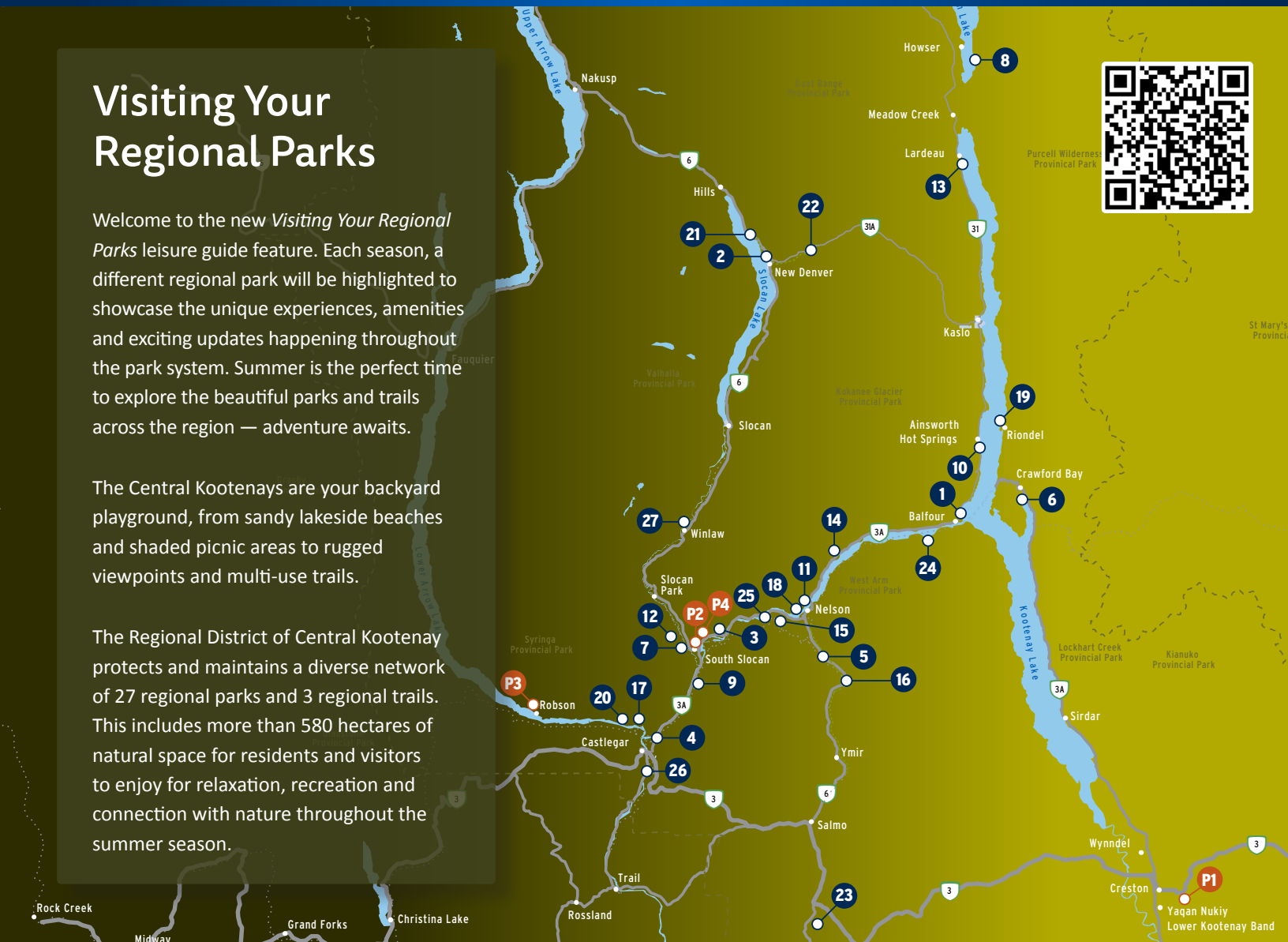
Explore Central Kootenay

Visiting Your Regional Parks

Welcome to the new *Visiting Your Regional Parks* leisure guide feature. Each season, a different regional park will be highlighted to showcase the unique experiences, amenities and exciting updates happening throughout the park system. Summer is the perfect time to explore the beautiful parks and trails across the region — adventure awaits.

The Central Kootenays are your backyard playground, from sandy lakeside beaches and shaded picnic areas to rugged viewpoints and multi-use trails.

The Regional District of Central Kootenay protects and maintains a diverse network of 27 regional parks and 3 regional trails. This includes more than 580 hectares of natural space for residents and visitors to enjoy for relaxation, recreation and connection with nature throughout the summer season.



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| <ul style="list-style-type: none"> 1 Balfour Beach Regional Park 2 Bigelow Bay Regional Park 3 Bonnington Regional Park 4 Brilliant Bridge Regional Park 5 Cottonwood Lake Regional Park 6 Crawford Creek Regional Park 7 Crescent Valley Beach Regional Park 8 Glacier Creek Regional Park 9 Glade Regional Park 10 Historic Ainsworth Wharf Regional Park 11 James Johnstone Regional Park 12 Krestova Regional Park | <ul style="list-style-type: none"> 13 Lardeau Regional Park 14 McDonalds Landing Regional Park 15 Morning Mountain Regional Park 16 Nelson Salmo Great Northern Trail 17 Pass Creek Regional Park 18 Pulpit Rock Access Regional Park 19 Riondel Regional Park 20 Robson Boat Ramp Regional Park 21 Rosebery Parklands Regional Park 22 Rosebery to Three Forks Regional Trail 23 Rosebud Lake Regional Park 24 Sunshine Bay Regional Park | <ul style="list-style-type: none"> 25 Taghum Beach Regional Park 26 Waterloo Eddy Regional Park 27 Winlaw Regional and Nature Park P1 3823 Goat Canyon Road P2 Campbell Field P3 Robson Community Park P4 Former Old School House Site |
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Primary Park Type	
● Open Parks	● Future Parks
▲ Multiple Purpose Park (6)	
▲ Waterfront Access Park (16)	
⚡ Regional Trails (3)	
● Waterfront Access & Multiple Purpose Park (2)	