

# CRESTON

## ADMISSION, HOURS + SCHEDULES

June 29 to  
September 6, 2026



To view the guide and register online visit [rdck.ca/recreation](http://rdck.ca/recreation) or call 250.428.7127



Creston & District  
Community Complex

# SUMMER HOURS

June 29 – September 6, 2026

**ANNUAL POOL SHUTDOWN:** August 23 - September 7  
**POOL REOPENING:** September 8

Hours of Operation are subject to change

	SUN	MON	TUE	WED	THU	FRI	SAT
AQUATIC CENTRE	1:00 - 6:00pm	7:00am - 8:00pm	9:00am - 8:00pm	7:00am - 8:00pm	9:00am - 8:00pm	7:00am - 8:00pm	1:00 - 6:00pm
FITNESS CENTRE	1:00 - 6:00pm	6:00am - 8:00pm	6:00am - 8:00pm	6:00am - 8:00pm	6:00am - 8:00pm	6:00am - 8:00pm	8:00am - 6:00pm

**POOL ENTRANCE AGE:** Children 7 years of age and older can access the pool without adult supervision. Children 6 years of age and under must be within arms' reach of a responsible adult 16 years of age or older who is in the water providing active supervision. Each adult may supervise a maximum of 3 children.

## GENERAL ADMISSION RATES

	DROP-IN	10-PUNCH*
Child (0-4)	Free	-
Youth (5-18)	\$4.04	\$36.36
Adult (19-74)	\$8.08	\$72.72
Golden Guest (75+)	Free	-
Family (2 adults and up to 4 dependent children)	\$16.16	-

Prices do not include taxes. \*10-punch passes expire 12 months from date of purchase

- Leisure Access Program rates apply.
- Reservations are available for specific programs in advance.
- Youth 13-15 years of age are required to participate in the Youth Weight Room orientations before they can access the Fitness Centre.

## ACTIVE PROGRAM

The Active Program is a time-based membership that gives pass-holders unlimited general admission to: Public Swim, Lane Swim, Hot Tub, Fitness Centre, Included with Admission group fitness classes, Public Skate, and Shiny Hockey. Prices do not include tax.

	ACTIVE PROGRAM FEES		
	1 Month	3 Month	6 Month
Adult	\$72.72	\$185.44	\$327.24
Youth	\$36.36	\$92.72	\$163.62
2nd Adult	\$65.48	\$166.90	\$294.52
2nd Youth	\$32.74	\$83.45	\$147.26

**Terms and conditions:** To receive 2nd Adult or 2nd Youth pass discounts, pass holders must reside in the same household and must be purchased at the same time and of the same duration as regular Adult or Youth passes.

## HOLIDAY HOURS

### HOLIDAY CLOSURES

Canada Day  
 BC Day  
 Labour Day  
 Truth & Reconciliation Day

### HOLIDAYS OPEN

**1:00 - 5:00pm**

Thanksgiving Day

## LEISURE ACCESS PROGRAM

The Leisure Access Program helps residents of all ages living in the RDCK who are in financial hardship access RDCK recreation services.

This program provides further subsidy on general admission, membership services, and most registered programs. Individuals and families are welcome to apply.

A Leisure Access Pass is valid for up to one year and will expire every May 31.

# POOL SCHEDULE

June 29 – August 22, 2026

**CHECK PAGE 2 FOR CLOSURES AND HOLIDAY HOURS!**

Schedule is subject to change. Please visit [rdck.ca/recreation](http://rdck.ca/recreation) for up to date information.

**SAVE THE DATES! WIBIT™ DAYS** are on the 2nd & 4th Sunday of each month!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>LAPS &amp; LEISURE</b> 7:00 - 8:00am		<b>LAPS &amp; LEISURE</b> 7:00 - 8:00am		<b>LAPS &amp; LEISURE</b> 7:00 - 8:00am		
<b>HUSH SWIM &amp; SOAK</b> 8:00 - 9:00am						
		<b>CARDIO JAMS</b> 8:30 - 9:15am		<b>CARDIO JAMS</b> 8:30 - 9:15am		
	<b>CARDIO TONE</b> 9:15 - 10:00am	<b>GENTLE JOINTS</b> 9:30 - 10:15am		<b>GENTLE JOINTS</b> 9:30 - 10:15am		
<b>LEISURE SWIM</b> 8:00am - 8:00pm	<b>LEISURE SWIM</b> 9:00am - 8:00pm	<b>LEISURE SWIM</b> 8:00am - 8:00pm	<b>LEISURE SWIM</b> 9:00am - 8:00pm	<b>LEISURE SWIM</b> 8:00am - 8:00pm		
					<b>FUN SWIM</b> 1:00 - 6:00pm	<b>FUN SWIM</b> 1:00 - 6:00pm
<b>LIGHT SWIM</b> 6:00 - 8:00pm		<b>LIGHT SWIM</b> 6:00 - 8:00pm		<b>LIGHT SWIM</b> 6:00 - 8:00pm		

\*Admission Policy: Children 7 years of age and older can access the pool without adult supervision. Children 6 years of age and under must be within arms' reach of a responsible adult 16 years of age or older who is in the water providing active supervision. Each adult may supervise a maximum of 3 children.

<b>Leisure Swim</b> Pool layout at lifeguards' discretion based on users in the pool.	<b>Laps &amp; Leisure</b> 2+ lap lanes, leisure pool and hot areas available.	<b>Fun Swim</b> A fun feature (rock wall or diving board) will be open.	<b>Included with Admission Program</b> See program guide for details.	<b>Hush Sensory Friendly Swim &amp; Soak</b> Inclusive quiet leisure swim. Music and all water features will be off and not available for this time.	<b>Light Swim</b> Fun leisure swim time with colour-changing underwater LED pool lights.
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# FITNESS SCHEDULE

June 29 – September 6, 2026

**CHECK PAGE 2 FOR CLOSURES AND HOLIDAY HOURS!**

Schedule is subject to change. Please visit [rdck.ca/recreation](http://rdck.ca/recreation) for up to date information.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>FULL BODY CIRCUIT</b> 9:00 - 10:00am	<b>BODY IN BALANCE</b> 9:15 - 10:15am	<b>ZUMBA GOLD</b> 9:00 - 10:00am	<b>FUNCTIONAL FITNESS</b> 9:00 - 10:00am	<b>BALL CONDITIONING</b> 9:15 - 10:15am
	<b>STEP AND STRENGTH</b> 11:00am - 12:00pm	<b>MOVE TO IMPROVE</b> 11:00am - 12:00pm <i>Last class August 26th</i>		<b>MOVE TO IMPROVE</b> 11:00am - 12:00pm <i>Last class August 28th</i>
		<b>ZUMBA STEP</b> 12:30 - 1:30pm		
			<b>VINYASA FLOW YOGA</b> 4:30 - 5:30pm	
<b>BELLY DANCING LEVEL 2</b> 5:00 - 6:00pm		<b>ZUMBA</b> 5:00 - 6:00pm		

\*Participants must be 15 years of age to attend classes

## Included with Admission Program

See Program Guide for details.

## Pre-Registered Program

See Program Guide for details.



# ARENA SCHEDULE

August 19 - September 6, 2026

**CHECK PAGE 2 FOR CLOSURES AND HOLIDAY HOURS!**

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
					<b>PUBLIC SKATE</b> 9:00 - 10:00am	
		<b>STICK &amp; PUCK</b> 4:45 - 5:45pm		<b>PUBLIC SKATE</b> 4:00 - 6:00pm		<b>ADULT DROP-IN HOCKEY</b> 5:15 - 6:30pm <i>August 23rd only</i>
		<b>YOUTH SHINNY</b> 6:00 - 7:00pm				

**INCLUDED WITH ADMISSION PROGRAM**  
See Program Guide for details.

**PRE-REGISTERED PROGRAM**  
See Program Guide for details.