



Job Posting

Regional District of Central Kootenay
Creston & District Community Complex

FITNESS TECHNICIAN AND FITNESS MONITORS

Part Time

Under the general supervisor of the Head Fitness & Recreation Leader, the Fitness Technician and Fitness Monitor as part of the Fitness Team at the Creston and District Community Complex (CDCC). Duties include general maintenance of the Fitness Centre and providing a high level of customer service to CDCC clients utilizing the Fitness Centre.

FITNESS MONITOR

REQUIRED QUALIFICATIONS:

- Standard First Aid
- CPR 'C'
- Satisfactory Criminal Records Check
- Weight room experience

REQUIRED KNOWLEDGE, SKILLS AND ABILITIES:

- Demonstrated team work and leadership abilities
- Demonstrated ability to communicate effectively with supervisor, co-workers and members of the public
- Demonstrated ability to effectively follow emergency procedures
- Demonstrated ability to provide an exceptional level of customer service
- Strong inter-personal skills
- Ability to demonstrate initiative and self-motivation

FITNESS TECHNICIAN

REQUIRED QUALIFICATIONS

- Current Weight Training Certification
- Current Standard First Aid (SFA).
- Current CPR 'C' with AED.
- Satisfactory Criminal Records Check.

REQUIRED KNOWLEDGE, SKILLS AND ABILITIES

- Demonstrated scanning skills.
- Demonstrated team work and leadership abilities.
- Demonstrated ability to communicate effectively with supervisor, co-workers and members of the public.
- Demonstrated ability to effectively follow emergency procedures.
- Demonstrated ability to provide an exceptional level of customer service.
- General knowledge of fitness equipment maintenance.

MORE INFORMATION & HOW TO APPLY:

These are part time positions with variable hours based on operational requirements. Candidates must be flexible and available to work mornings, days, evenings, and weekends as needed.

The hourly rate for the Fitness technician position is \$24.18 plus 4% in lieu.

The hourly rate for the Fitness Monitor position is \$17.85 plus 4% in lieu.

This posting along with a detailed job description can be found on our website at www.rdck/jobs.

To apply please complete our online form which can be found here: [Apply Now!](#)

Applications in the form of a resume & cover letter detailing qualifications & experience relevant to the position will be accepted **until 9:00am Friday, May 29, 2026.**