

CRESTON

ADMISSION, HOURS + SCHEDULES

March 30 to
June 28, 2026



To view the guide and register online visit rdck.ca/recreation or call 250.428.7127



Creston & District
Community Complex

SPRING HOURS

March 30 – June 28, 2026

FACILITY CLOSURE FOR STAFF TRAINING: April 14
POOL CLOSED FOR SWIM MEET: May 23, 24

Hours of Operation are subject to change

	SUN	MON	TUE	WED	THU	FRI	SAT
AQUATIC CENTRE	1:00 - 6:00pm	6:30am - 2:00pm 3:30 - 8:00pm	8:00am - 2:00pm 3:30 - 8:00pm	6:30am - 2:00pm 3:30 - 8:00pm	8:00am - 2:00pm 3:30 - 8:00pm	6:30am - 2:00pm 3:30 - 8:00pm	9:00am - 6:00pm
FITNESS CENTRE	1:00 - 6:00pm	6:00am - 8:00pm	6:00am - 8:00pm	6:00am - 8:00pm	6:00am - 8:00pm	6:00am - 8:00pm	8:00am - 6:00pm

POOL ENTRANCE AGE: Children 7 years of age and older can access the pool without adult supervision. Children 6 years of age and under must be within arms' reach of a responsible adult 16 years of age or older who is in the water providing active supervision. Each adult may supervise a maximum of 3 children.

GENERAL ADMISSION RATES

	DROP-IN	10-PUNCH*
Child (0-4)	Free	-
Youth (5-18)	\$4.19	\$37.71
Adult (19-74)	\$8.38	\$75.42
Golden Guest (75+)	Free	-
Family (2 adults and up to 4 dependent children)	\$16.76	-

Prices do not include taxes. *10-punch passes expire 12 months from date of purchase

- Leisure Access Program rates apply.
- Reservations are available for specific programs in advance.
- Youth 13-15 years of age are required to participate in the Youth Weight Room orientations before they can access the Fitness Centre.

ACTIVE PROGRAM

The Active Program is a time-based membership that gives pass-holders unlimited general admission to: Public Swim, Lane Swim, Hot Tub, Fitness Centre, Included with Admission group fitness classes, Public Skate, and Shiny Hockey. Prices do not include tax.

	ACTIVE PROGRAM FEES		
	1 Month	3 Month	6 Month
Adult	\$75.42	\$192.32	\$339.39
Youth	\$37.71	\$96.16	\$169.70
2nd Adult	\$67.89	\$173.09	\$305.45
2nd Youth	\$33.94	\$86.54	\$152.73

Terms and conditions: To qualify for the 2nd Adult or 2nd Youth pass discount, the first pass must be an adult passholder from the same household. Both passes must be purchased at the same time and for the same duration.

HOLIDAY HOURS

HOLIDAY CLOSURES

Easter Sunday
 Canada Day
 BC Day
 Labour Day
 Truth & Reconciliation Day

HOLIDAYS OPEN 1:00 - 5:00pm

Good Friday
 Victoria Day
 Thanksgiving Day

LEISURE ACCESS PROGRAM

The Leisure Access Program helps residents of all ages living in the RDCK who are in financial hardship access RDCK recreation services.

This program provides further subsidy on general admission, membership services, and most registered programs. Individuals and families are welcome to apply.

A Leisure Access Pass is valid for up to one year and will expire every May 31.

FITNESS SCHEDULE

CHECK PAGE 2 FOR CLOSURES AND HOLIDAY HOURS!

March 30 – June 28, 2026

Schedule is subject to change. Please visit www.rdck.ca/recreation for up to date information.

MONDAY		TUESDAY	WEDNESDAY	THURSDAY		FRIDAY
FULL BODY CIRCUIT 7:30 - 8:30am						FULL BODY CIRCUIT 7:30 - 8:30am <i>Last Class is May 29</i>
HATHA YOGA 9:00 - 10:00am		BODY IN BALANCE 9:15 - 10:15am	YOGA FUSION 9:15 - 10:15am	FUNCTIONAL FITNESS 9:00 - 10:00am	CHAIR YOGA 9:00 - 10:00am <i>Kootenay Room</i>	HATHA YOGA 9:00 - 10:00am
		TAI CHI BEGINNER 10:30 - 11:30am	SLOW STRENGTH FUNCTIONAL TRAINING 10:30 - 11:30am	TAI CHI INTERMEDIATE 10:15 - 11:15am		BALL CONDITIONING 9:30 - 10:30am <i>Creston Room</i>
		GYM CIRCUIT 11:00am - 12:00pm <i>Fitness Centre</i>	MOVE TO IMPROVE 11:00am - 12:00pm <i>Kootenay Room</i>			MOVE TO IMPROVE 11:00am - 12:00pm <i>Fitness Studio</i>
GROUP X 12:00 - 1:00pm		VINYASA FLOW YOGA 12:00 - 1:00pm	ZUMBA STEP 12:00 - 1:00pm	GYM CIRCUIT 12:00 - 1:00pm <i>Fitness Centre</i>		
				INDOOR CYCLE AND STRENGTH 1:30 - 2:30pm		
				STEP AND STRENGTH 4:30 - 5:30pm		
BELLY DANCING 5:00 - 6:00pm	TRX 5:15 - 6:15pm <i>Kootenay Room</i>		ZUMBA 5:00 - 6:00pm			

*Participants must be 15 years of age to attend classes

Included with Admission Program See Program Guide for details.	Pre-Registered Program See Program Guide for details.
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RECREATION SPORTS SCHEDULE

March 30 – June 28, 2026

Adult (15+ years)

**CHECK PAGE 2 FOR CLOSURES
AND HOLIDAY HOURS!**

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	TABLE TENNIS 6:30 - 8:00pm Creston Room				
BASKETBALL 7:00 - 8:30pm Creston Education Centre	BADMINTON 7:00 - 9:00pm Creston Education Centre		VOLLEYBALL 7:00 - 8:30pm Creston Education Centre		

YOUTH (3 - 15 years)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	LEARN TO PLAY BASKETBALL 3:45 - 5:00pm Ages 8 - 12 years Creston Education Centre	LEARN TO PLAY TENNIS 4:45 - 5:45pm Ages 6-8 years Tennis Courts	TOT SOCCER 3:30 - 4:15pm Ages 3 - 6 years Creston Education Centre		
LEARN TO PLAY TENNIS 5:00 - 6:30pm Ages 13+ years Tennis Courts	YOUTH BASKETBALL 5:15 - 6:45pm Ages 12 - 15 years Creston Education Centre	LEARN TO PLAY TENNIS 6:00 - 7:30pm Ages 9-12 years Tennis Courts	TOT SOCCER 4:30 - 5:15pm Ages 3 - 6 years Creston Education Centre		

INCLUDED WITH ADMISSION PROGRAM
See Program Guide for details.

PRE-REGISTERED PROGRAM
See Program Guide for details.



DRY FLOOR SCHEDULE

May 4 - June 28, 2026

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
						ROLLER HOCKEY STICK & PUCK 1:00 - 2:30pm
		ROLLER HOCKEY STICK & PUCK 4:00 - 5:30pm		STREET HOCKEY U10 4:30 - 5:30pm		PUBLIC ROLLER SKATING/BLADING 2:30 - 4:00pm
				STREET HOCKEY U13 5:30 - 6:30pm		
				STREET HOCKEY U16 6:30 - 7:30pm		

INCLUDED WITH ADMISSION PROGRAM
 See Program Guide for details.

PRE-REGISTERED PROGRAM
 See Program Guide for details.