

CASTLEGAR

ADMISSION, HOURS + SCHEDULES

March 30 to
June 28, 2026



To view the guide and register online visit rdck.ca/recreation or call 250.365.3386



SPRING HOURS

March 30 – June 28, 2026

FACILITY CLOSURE FOR STAFF TRAINING: April 16

Hours of Operation are subject to change

	SUN	MON	TUE	WED	THU	FRI	SAT
AQUATIC CENTRE	9:00am - 4:00pm	6:00am - 8:00pm	6:30am - 8:00pm	6:00am - 8:00pm	2:00pm - 8:00pm	6:00am - 8:00pm	9:00am - 4:00pm
FITNESS CENTRE	9:00am - 4:00pm	6:00am - 8:00pm	6:00am - 8:00pm	6:00am - 8:00pm	6:00am - 8:00pm	6:00am - 8:00pm	9:00am - 4:00pm

POOL ENTRANCE AGE: Children 7 years of age and older can access the pool without adult supervision. Children 6 years of age and under must be within arms' reach of a responsible adult 16 years of age or older who is in the water providing active supervision. Each adult may supervise a maximum of 3 children.

GENERAL ADMISSION RATES

	DROP-IN	10-PUNCH*
Child (0-4)	Free	-
Youth (5-18)	\$4.19	\$37.71
Adult (19-74)	\$8.38	\$75.42
Golden Guest (75+)	Free	-
Family (2 adults and up to 4 dependent children)	\$16.76	-

Prices do not include taxes. *10-punch passes expire 12 months from date of purchase

- Leisure Access Program rates apply.
- Reservations are available for specific programs in advance.
- Youth 13-15 years of age are required to participate in the Youth Weight Room orientations before they can access the Fitness Centre.

ACTIVE PROGRAM

The Active Program is a time-based membership that gives pass-holders unlimited general admission to: Public Swim, Lane Swim, Hot Tub, Fitness Centre, Included with Admission group fitness classes, Public Skate, and Shiny Hockey. Prices do not include tax.

	ACTIVE PROGRAM FEES		
	1 Month	3 Month	6 Month
Adult	\$75.42	\$192.32	\$339.39
Youth	\$37.71	\$96.16	\$169.70
2nd Adult	\$67.89	\$173.09	\$305.45
2nd Youth	\$33.94	\$86.54	\$152.73

Terms and conditions: To qualify for the 2nd Adult or 2nd Youth pass discount, the first pass must be an adult passholder from the same household. Both passes must be purchased at the same time and for the same duration.

HOLIDAY HOURS

HOLIDAY CLOSURES

Easter Sunday
Canada Day
BC Day
Labour Day
Truth & Reconciliation Day

HOLIDAYS OPEN 1:00 - 5:00pm

Good Friday
Victoria Day
Thanksgiving Day

LEISURE ACCESS PROGRAM

The Leisure Access Program helps residents of all ages living in the RDCK who are in financial hardship access RDCK recreation services.

This program provides further subsidy on general admission, membership services, and most registered programs. Individuals and families are welcome to apply.

A Leisure Access Pass is valid for up to one year and will expire every May 31.



POOL SCHEDULE

March 30 – June 28, 2026

CHECK PAGE 2 FOR CLOSURES AND HOLIDAY HOURS!

Schedule is subject to change. Please visit www.rdck.ca/recreation for up to date information.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
LAPS & LEISURE 6:00am - 8:00am	LAPS & LEISURE 6:30am - 8:00am	LAPS & LEISURE 6:00am - 8:00am		LAPS & LEISURE 6:00am - 8:00am		
AQUA CONDITIONING 9:00 - 10:00am		TOTAL BODY AQUAFIT 9:00 - 10:00am		TOTAL BODY AQUAFIT 9:00 - 10:00am		
LEISURE SWIM 8:00am - 2:00pm	LEISURE SWIM 8:00am - 8:00pm	LEISURE SWIM 8:00am - 2:00pm		LEISURE SWIM 8:00am - 8:00pm	LEISURE SWIM 9:00am - 12:30pm	LEISURE SWIM 9:00am - 12:30pm
HUSH - SENSORY FRIENDLY SWIM & SOAK 2:00 - 3:30pm	GENTLE CARDIO 2:15 - 3:15pm	HUSH - SENSORY FRIENDLY SWIM & SOAK 2:00 - 3:30pm			FUN SWIM 12:30 - 3:30pm	FUN SWIM 12:30 - 3:30pm
LEISURE SWIM 3:30 - 8:00pm		LEISURE SWIM 3:30 - 8:00pm	LEISURE SWIM 2:00 - 8:00pm		LEISURE SWIM 3:30 - 4:00pm	LEISURE SWIM 3:30 - 4:00pm

*Admission Policy: Children 7 years of age and older can access the pool without adult supervision. Children 6 years of age and under must be within arms' reach of a responsible adult 16 years of age or older who is in the water providing active supervision. Each adult may supervise a maximum of 3 children.

Leisure Swim Pool layout at lifeguards' discretion. 1+ lane, leisure pool and hot areas available.	Laps & Leisure 3 lanes, leisure pool and hot areas available.	Fun Swim No lap lane guaranteed. A fun feature (rope swing or rock wall) will be open	Included with Admission Program See program guide for details.	Hush Sensory Friendly Swim & Soak Inclusive quiet leisure swim. Music and all water features will be off and not available for this time.
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FITNESS SCHEDULE

March 30 – June 28, 2026

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MONDAY		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		RISE AND SHINE TOTAL BODY 6:10 - 7:00am		RISE AND SHINE TOTAL BODY 6:10 - 7:00am		
TRX STRENGTH AND FLEXIBILITY 7:15 - 8:00am			TRX STRENGTH AND FLEXIBILITY 7:15 - 8:00am			
			WEIGHT ROOM CIRCUIT 8:30 - 9:30am		WEIGHT ROOM CIRCUIT 8:30 - 9:30am	
STUDIO CIRCUIT 9:00 - 10:00am		STEP 9:00 - 10:00am				SPIN 9:15 - 10:15am
BALANCE & MOBILITY 10:30 - 11:30am	GENTLE YIN YOGA 10:30 - 11:45am	HEALTH & RECOVERY 10:15 - 11:45am <i>Weight Room</i>	BALANCE & MOBILITY 10:30 - 11:30am	HEALTH & RECOVERY 10:15 - 11:45am <i>Weight Room</i>	FULL BODY GROUP X 10:30 - 11:30am	
		YOUTH FITNESS CENTRE ORIENTATIONS 4:00 - 4:30pm		YOUTH FITNESS CENTRE ORIENTATIONS 4:00 - 4:30pm		
SPIN AND STRENGTH 5:30 - 6:30pm			SPIN 5:30 - 6:30pm	BEGINNER TRX 5:15 - 6:00pm		

*Participants must be 15 years of age to attend classes.

Included with Admission Program
See Program Guide for details.

Pre-Registered Program
See Program Guide for details.

