



# Job Posting

Regional District of Central Kootenay  
Salmo & District Recreation Department

## FITNESS TECHNICIAN AND FITNESS MONITORS

**Auxiliary (As and When Needed)**

Under the general supervisor of the Jr. Recreation Service Supervisor, the Fitness Technician and Fitness Monitor are part of the Fitness Team at the Salmo and District Recreation Center. Duties include providing a high level of service and expertise to clients utilizing the Fitness Centre.

The employee must exercise care in routine dealing with other employees and providing assistance to customers using the facilities.

### FITNESS MONITOR

#### REQUIRED QUALIFICATIONS:

- Standard First Aid
- CPR 'C'
- Satisfactory Criminal Records Check
- Weight room experience

#### REQUIRED KNOWLEDGE, SKILLS AND ABILITIES:

- Demonstrated team work, leadership abilities, and ability to work with minimal supervision
- Demonstrated ability to communicate effectively with supervisor, co-workers and members of the public
- Ability to multi-task and effectively manage their time
- Demonstrated ability to effectively follow emergency procedures
- Demonstrated ability to provide an exceptional level of customer service
- Ability to demonstrate initiative and self-motivation

### FITNESS TECHNICIAN

#### REQUIRED QUALIFICATIONS

- High school Diploma or acceptable equivalent
- Standard First Aid
- Weight Training Certification
- Satisfactory Criminal Record

#### REQUIRED KNOWLEDGE, SKILLS AND ABILITIES

- Experience in Word, Excel, Outlook.
- Proven leadership skills
- Ability to work with minimal supervision and be an effective team player
- Ability to communicate effectively with the public and staff, using tact and diplomacy
- Weight room experience
- Ability to lift up to 50 lbs
- Experience with Recreation Software and cash handling

### MORE INFORMATION & HOW TO APPLY:

These are auxiliary, as-needed positions with variable hours based on operational requirements. Candidates must be flexible and available to work mornings, days, evenings, and weekends as needed.

The hourly rate for the Fitness technician position is \$24.18 plus 4% in lieu.

The hourly rate for the Fitness Monitor position is \$17.85 plus 4% in lieu.

This posting along with a detailed job description can be found on our website at [www.rdck/jobs](http://www.rdck/jobs).

To apply please complete our online form which can be found here: [Apply Now!](#)

Applications in the form of a resume & cover letter detailing qualifications & experience relevant to the position will be accepted **until the position has been filled.**