

# CRESTON ADMISSION, HOURS + SCHEDULES

January 5<sup>th</sup> to  
March 15<sup>th</sup>, 2026



To view the guide and register online visit [rdck.ca/recreation](http://rdck.ca/recreation) or call 250.428.7127



Creston & District  
Community Complex

# WINTER HOURS

January 5 - March 15, 2026

Hours of Operation are subject to change

	SUN	MON	TUE	WED	THU	FRI	SAT
<b>AQUATIC CENTRE</b>	1:00 - 6:00pm	6:30am - 2:00pm 3:30 - 8:00pm	8:00am - 2:00pm 3:30 - 8:00pm	6:30am - 2:00pm 3:30 - 8:00pm	8:00am - 2:00pm 3:30 - 8:00pm	6:30am - 2:00pm 3:30 - 8:00pm	9:00am - 6:00pm
<b>FITNESS CENTRE</b>	1:00 - 6:00pm	6:00am - 8:00pm	8:00am - 6:00pm				

**POOL ENTRANCE AGE:** Children 7 years of age and older can access the pool without adult supervision. Children 6 years of age and under must be within arms' reach of a responsible adult 16 years of age or older who is in the water providing active supervision. Each adult may supervise a maximum of 3 children.

## GENERAL ADMISSION RATES

	DROP-IN	10-PUNCH*
<b>Child (0-4)</b>	<b>Free</b>	-
<b>Youth (5-18)</b>	<b>\$4.04</b>	<b>\$36.36</b>
<b>Adult (19-74)</b>	<b>\$8.08</b>	<b>\$72.72</b>
<b>Golden Guest (75+)</b>	<b>Free</b>	-
<b>Family</b> (2 adults and up to 4 dependent children)	<b>\$16.16</b>	-

Prices do not include taxes. \*10-punch passes expire 12 months from date of purchase

- Leisure Access Program rates apply.
- Reservations are available for specific programs in advance.
- Youth 13-15 years of age are required to participate in the Youth Weight Room orientations before they can access the Fitness Centre.

## ACTIVE PROGRAM

The Active Program is a time-based membership that gives pass-holders unlimited general admission to: Public Swim, Lane Swim, Hot Tub, Fitness Centre, Included with Admission group fitness classes, Public Skate, and Shinny Hockey. Prices do not include tax.

	ACTIVE PROGRAM FEES		
	1 Month	3 Month	6 Month
Adult	\$72.72	\$185.44	\$327.24
Youth	\$36.36	\$92.72	\$163.62
2nd Adult	\$65.48	\$166.90	\$294.52
2nd Youth	\$32.74	\$83.45	\$147.26

**Terms and conditions:** To receive 2nd Adult or 2nd Youth pass discounts, pass holders must reside in the same household and must be purchased at the same time and of the same duration as regular Adult or Youth passes.

## HOLIDAY HOURS

### HOLIDAY CLOSURES

Christmas Day  
New Year's Day  
Easter Sunday

### HOLIDAYS OPEN 1:00 - 5:00pm

Boxing Day  
New Year's Eve  
Family Day  
Good Friday

### EARLY CLOSURES 4:00pm

Christmas Eve  
New Year's Eve

## LEISURE ACCESS PROGRAM

The Leisure Access Program helps residents of all ages living in the RDCK who are in financial hardship access RDCK recreation services.

This program provides further subsidy on general admission, membership services, and most registered programs. Individuals and families are welcome to apply.

A Leisure Access Pass is valid for up to one year and will expire every May 31.



Register Online: [rdck.ca/recreation](http://rdck.ca/recreation)

| Or Register by Phone: 250-428-7127

# POOL SCHEDULE

January 5 – March 15, 2026

CHECK PAGE 2 FOR CLOSURES  
AND HOLIDAY HOURS!

Schedule is subject to change.

**SAVE THE DATES! WIBIT™ DAYS** on the 2nd & 4th Sunday of the month! **Pro-D-Day**, January 19 and February 13, the pool will be open 6:30am -8:00pm with no mid day shut down. WIBIT will be out 1:00 - 2:30pm for extra FUN!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	LAPS & LEISURE 6:30 - 8:00am		LAPS & LEISURE 6:30 - 8:00am		LAPS & LEISURE 6:30 - 8:00am	
	AQUA CONDITIONING 8:30 - 9:15am	LEISURE SWIM 8:00am - 12:30pm	CARDIO JAMS 8:30 - 9:15am	LEISURE SWIM 8:00am - 12:30pm	CARDIO JAMS 8:30 - 9:15am	
	LEISURE SWIM 6:30am - 1:00pm	CARDIO TONE 10:30 - 11:15am	GENTLE JOINTS 9:30 - 10:15am	LEISURE SWIM 6:30am - 1:00pm	GENTLE JOINTS 9:30 - 10:15am	LEISURE SWIM 6:30am - 1:00pm
		HUSH - SENSORY FRIENDLY SWIM & SOAK 12:30 - 2:00pm			HUSH - SENSORY FRIENDLY SWIM & SOAK 12:30 - 2:00pm	LEISURE SWIM 9:00am - 6:00pm
FUN SWIM 1:00 - 6:00pm  WIBIT™ swim from 1:00 - 2:30pm on 2nd & 4th Sunday of the month	LAPS & LEISURE 1:00 - 2:00pm	LAPS & LEISURE 1:00 - 2:00pm	LAPS & LEISURE 1:00 - 2:00pm	LAPS & LEISURE 1:00 - 2:00pm	LAPS & LEISURE 1:00 - 2:00pm	
	LEISURE SWIM 3:30pm - 7:00pm	LEISURE SWIM 3:30pm - 8:00pm	LEISURE SWIM 3:30pm - 7:00pm	LEISURE SWIM 3:30pm - 8:00pm	LEISURE SWIM 3:30pm - 8:00pm	
	LAPS & LEISURE 7:00 - 8:00pm	LIGHT SWIM 6:00 - 8:00pm	LAPS & LEISURE 7:00 - 8:00pm	LIGHT SWIM 6:00 - 8:00pm	LIGHT SWIM 6:00 - 8:00pm	

\*ADMISSION POLICY: Children 7 years of age and older can access the pool without adult supervision. Children 6 years of age and under must be within arms' reach of a responsible adult 16 years of age or older who is in the water providing active supervision. Each adult may supervise a maximum of 3 children.

Leisure Swim	Laps & Leisure	Fun Swim	Included with Admission Program	Hush Sensory Friendly Swim & Soak	Light Swim
Pool layout at lifeguards' discretion based on users in the pool.	2+ lap lanes, leisure pool and hot areas available.	A fun feature (rock wall or diving board) will be open.	See Program Guide for details.	Inclusive quiet leisure swim. Music and all water features will be off and not available for this time.	Fun leisure swim time with colour-changing underwater LED pool lights.



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# FITNESS SCHEDULE

January 5 – March 29, 2025

Included with  
Admission or  
Active Pass

Pre Registered  
Program

All programs are located at the Creston & District Community Complex

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>FULL BODY CIRCUIT</b> 7:30 - 8:30AM				<b>FULL BODY CIRCUIT</b> 7:30 - 8:30AM
<b>HATHA YOGA</b> 9:00 - 10:00AM	<b>CORE N MORE</b> 9:00 - 10:00AM	<b>CORE POWER</b> 9:00 - 10:00AM	<b>FUNCTIONAL FITNESS</b> 9:00 - 10:00AM	<b>HATHA YOGA</b> 9:00 - 10:00AM
				<b>BALL CONDITIONING</b> 9:30 - 10:30AM <i>Creston Room</i> <i>No class February 13, March 20, 27</i>
	<b>TAI CHI BEGINNER</b> 10:15 - 11:15AM	<b>SLOW STRENGTH FUNCTIONAL TRAINING</b> 10:30 - 11:30AM	<b>TAI CHI INTERMEDIATE</b> 10:15 - 11:15AM	
		<b>MOVE TO IMPROVE</b> 10:45 - 11:45AM <i>Kootenay Room</i>		<b>MOVE TO IMPROVE</b> 10:45 - 11:45AM <i>Fitness Studio</i>
	<b>VINYASA FLOW YOGA</b> 12:00 - 1:00PM			
<b>YOGA FUSION</b> 4:30 - 5:30PM		<b>FULL BODY GROUP X</b> 4:30 - 5:30PM	<b>STEP AND STRENGTH</b> 4:30 - 5:30PM	
<b>TRX</b> 5:15 - 6:15PM <i>Kootenay Room</i>				
			<b>HATHA YOGA INTERMEDIATE</b> 6:00 - 7:00PM	

\*\*Participants must be 15 years of age to attend classes



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**FAMILY DAY**  
**Monday, February 16**  
**Public Skate**  
**2:00 - 4:00pm**

# ARENA SCHEDULE

January 5 – March 15, 2026

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>SENIOR DROP IN HOCKEY</b> 10:00 - 11:30am			<b>SENIOR DROP IN HOCKEY</b> 9:15 - 10:45am		
		<b>LUNCH HOUR HOCKEY</b> 11:30am - 12:45pm		<b>PUBLIC SKATE/ ICE PUPS</b> 11:00am - 12:00pm	<b>LUNCH HOUR HOCKEY</b> 11:45am - 1:00pm	
<b>YOUTH SHINNY</b> 2:45 - 3:45pm					<b>STICK AND PUCK</b> 2:45 - 3:45pm	
<b>PUBLIC SKATE</b> 4:00 - 5:15pm						<b>PUBLIC SKATE</b> 4:45 - 5:45pm

**No programs February 13, 14 and 15 due to the regional skating competition.**

**Please see all omitted programs under descriptions below.**

**Skate Rentals: \$2.85 + tax**

**Helmet Rentals: \$0.95 + tax**