

CRESTON

ADMISSION, HOURS + SCHEDULES

January 5th to
March 15th, 2026



To view the guide and register online visit rdck.ca/recreation or call 250.428.7127



Creston & District
Community Complex

WINTER HOURS

January 5 - March 15, 2026

Hours of Operation are subject to change

	SUN	MON	TUE	WED	THU	FRI	SAT
AQUATIC CENTRE	1:00 - 6:00pm	6:30am - 2:00pm 3:30 - 8:00pm	8:00am - 2:00pm 3:30 - 8:00pm	6:30am - 2:00pm 3:30 - 8:00pm	8:00am - 2:00pm 3:30 - 8:00pm	6:30am - 2:00pm 3:30 - 8:00pm	9:00am - 6:00pm
FITNESS CENTRE	1:00 - 6:00pm	6:00am - 8:00pm	6:00am - 8:00pm	6:00am - 8:00pm	6:00am - 8:00pm	6:00am - 8:00pm	8:00am - 6:00pm

POOL ENTRANCE AGE: Children 7 years of age and older can access the pool without adult supervision. Children 6 years of age and under must be within arms' reach of a responsible adult 16 years of age or older who is in the water providing active supervision. Each adult may supervise a maximum of 3 children.

GENERAL ADMISSION RATES

	DROP-IN	10-PUNCH*
Child (0-4)	Free	-
Youth (5-18)	\$4.04	\$36.36
Adult (19-74)	\$8.08	\$72.72
Golden Guest (75+)	Free	-
Family (2 adults and up to 4 dependent children)	\$16.16	-

Prices do not include taxes. *10-punch passes expire 12 months from date of purchase

- Leisure Access Program rates apply.
- Reservations are available for specific programs in advance.
- Youth 13-15 years of age are required to participate in the Youth Weight Room orientations before they can access the Fitness Centre.

ACTIVE PROGRAM

The Active Program is a time-based membership that gives pass-holders unlimited general admission to: Public Swim, Lane Swim, Hot Tub, Fitness Centre, Included with Admission group fitness classes, Public Skate, and Shiny Hockey. Prices do not include tax.

	ACTIVE PROGRAM FEES		
	1 Month	3 Month	6 Month
Adult	\$72.72	\$185.44	\$327.24
Youth	\$36.36	\$92.72	\$163.62
2nd Adult	\$65.48	\$166.90	\$294.52
2nd Youth	\$32.74	\$83.45	\$147.26

Terms and conditions: To receive 2nd Adult or 2nd Youth pass discounts, pass holders must reside in the same household and must be purchased at the same time and of the same duration as regular Adult or Youth passes.

HOLIDAY HOURS

HOLIDAY CLOSURES

Christmas Day
New Year's Day
Easter Sunday

HOLIDAYS OPEN 1:00 - 5:00pm

Boxing Day
New Year's Eve
Family Day
Good Friday

EARLY CLOSURES 4:00pm

Christmas Eve
New Year's Eve

LEISURE ACCESS PROGRAM

The Leisure Access Program helps residents of all ages living in the RDCK who are in financial hardship access RDCK recreation services.

This program provides further subsidy on general admission, membership services, and most registered programs. Individuals and families are welcome to apply.

A Leisure Access Pass is valid for up to one year and will expire every May 31.



POOL SCHEDULE

January 5 – March 15, 2026

**CHECK PAGE 2 FOR CLOSURES
AND HOLIDAY HOURS!**

Schedule is subject to change.

SAVE THE DATES! WIBIT™ DAYS on the 2nd & 4th Sunday of the month! **Pro-D-Day**, January 19 and February 13, the pool will be open 6:30am - 8:00pm with no mid day shut down. WIBIT will be out 1:00 - 2:30pm for extra FUN!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	LAPS & LEISURE 6:30 - 8:00am		LAPS & LEISURE 6:30 - 8:00am		LAPS & LEISURE 6:30 - 8:00am	
	AQUA CONDITIONING 8:30 - 9:15am <i>Starts February 9</i>		CARDIO JAMS 8:30 - 9:15am		CARDIO JAMS 8:30 - 9:15am	
		LEISURE SWIM 8:00am - 12:30pm	GENTLE JOINTS 9:30 - 10:15am	LEISURE SWIM 8:00am - 12:30pm	GENTLE JOINTS 9:30 - 10:15am	
	LEISURE SWIM 6:30am - 1:00pm	CARDIO TONE 10:30 - 11:15am	LEISURE SWIM 6:30am - 1:00pm		LEISURE SWIM 6:30am - 1:00pm	
		HUSH - SENSORY FRIENDLY SWIM & SOAK 12:30 - 2:00pm		HUSH - SENSORY FRIENDLY SWIM & SOAK 12:30 - 2:00pm		
FUN SWIM 1:00 - 6:00pm <i>WIBIT™ swim from 1:00 - 2:30pm on 2nd & 4th Sunday of the month</i>	LAPS & LEISURE 1:00 - 2:00pm	LAPS & LEISURE 1:00 - 2:00pm	LAPS & LEISURE 1:00 - 2:00pm	LAPS & LEISURE 1:00 - 2:00pm	LAPS & LEISURE 1:00 - 2:00pm	
	LEISURE SWIM 3:30pm - 7:00pm		LEISURE SWIM 3:30pm - 7:00pm		LEISURE SWIM 3:30pm - 8:00pm	
		LEISURE SWIM 3:30pm - 8:00pm		LEISURE SWIM 3:30pm - 8:00pm		
	LAPS & LEISURE 7:00 - 8:00pm		LAPS & LEISURE 7:00 - 8:00pm			
	LIGHT SWIM 6:00 - 8:00pm		LIGHT SWIM 6:00 - 8:00pm		LIGHT SWIM 6:00 - 8:00pm	

*ADMISSION POLICY: Children 7 years of age and older can access the pool without adult supervision. Children 6 years of age and under must be within arms' reach of a responsible adult 16 years of age or older who is in the water providing active supervision. Each adult may supervise a maximum of 3 children.

Leisure Swim
Pool layout at lifeguards' discretion based on users in the pool.

Laps & Leisure
2+ lap lanes, leisure pool and hot areas available.

Fun Swim
A fun feature (rock wall or diving board) will be open.

Included with Admission Program
See Program Guide for details.

Hush Sensory Friendly Swim & Soak
Inclusive quiet leisure swim. Music and all water features will be off and not available for this time.

Light Swim
Fun leisure swim time with colour-changing underwater LED pool lights.

FITNESS SCHEDULE

January 5 – March 29, 2025

Included with
Admission or
Active Pass

Pre Registered
Program

All programs are located at the Creston & District Community Complex

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
FULL BODY CIRCUIT 7:30 - 8:30AM				FULL BODY CIRCUIT 7:30 - 8:30AM
HATHA YOGA 9:00 - 10:00AM	CORE N MORE 9:00 - 10:00AM	CORE POWER 9:00 - 10:00AM	FUNCTIONAL FITNESS 9:00 - 10:00AM	HATHA YOGA 9:00 - 10:00AM
				BALL CONDITIONING 9:30 - 10:30AM Creston Room No class February 13, March 20, 27
	TAI CHI BEGINNER 10:15 - 11:15AM	SLOW STRENGTH FUNCTIONAL TRAINING 10:30 - 11:30AM	TAI CHI INTERMEDIATE 10:15 - 11:15AM	
		MOVE TO IMPROVE 10:45 - 11:45AM Kootenay Room		MOVE TO IMPROVE 10:45 - 11:45AM Fitness Studio
	VINYASA FLOW YOGA 12:00 - 1:00PM			
YOGA FUSION 4:30 - 5:30PM		FULL BODY GROUP X 4:30 - 5:30PM	STEP AND STRENGTH 4:30 - 5:30PM	
TRX 5:15 - 6:15PM Kootenay Room				
			HATHA YOGA INTERMEDIATE 6:00 - 7:00PM	

**Participants must be 15 years of age to attend classes



Register Online: rdck.ca/recreation

Or Register by Phone: 250-428-7127



FAMILY DAY
Monday, February 16
Public Skate
2:00 - 4:00pm

ARENA SCHEDULE

January 5 – March 15, 2026

Schedule is subject to change. Please visit www.rdck.ca or call 250-428-7127 for up to date information.

INCLUDED WITH
ADMISSION

PRE REGISTERED
PROGRAM

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	SENIOR DROP IN HOCKEY 10:00 - 11:30am			SENIOR DROP IN HOCKEY 9:15 - 10:45am		
		LUNCH HOUR HOCKEY 11:30am - 12:45pm		PUBLIC SKATE/ ICE PUPS 11:00am - 12:00pm	LUNCH HOUR HOCKEY 11:45am - 1:00pm	
YOUTH SHINNY 2:45 - 3:45pm					STICK AND PUCK 2:45 - 3:45pm	
PUBLIC SKATE 4:00 - 5:15pm						PUBLIC SKATE 4:45 - 5:45pm

*No programs February 13, 14 and 15 due to the regional skating competition.
Please see all omitted programs under descriptions below.*

Skate Rentals: \$2.85 + tax

Helmet Rentals: \$0.95 + tax