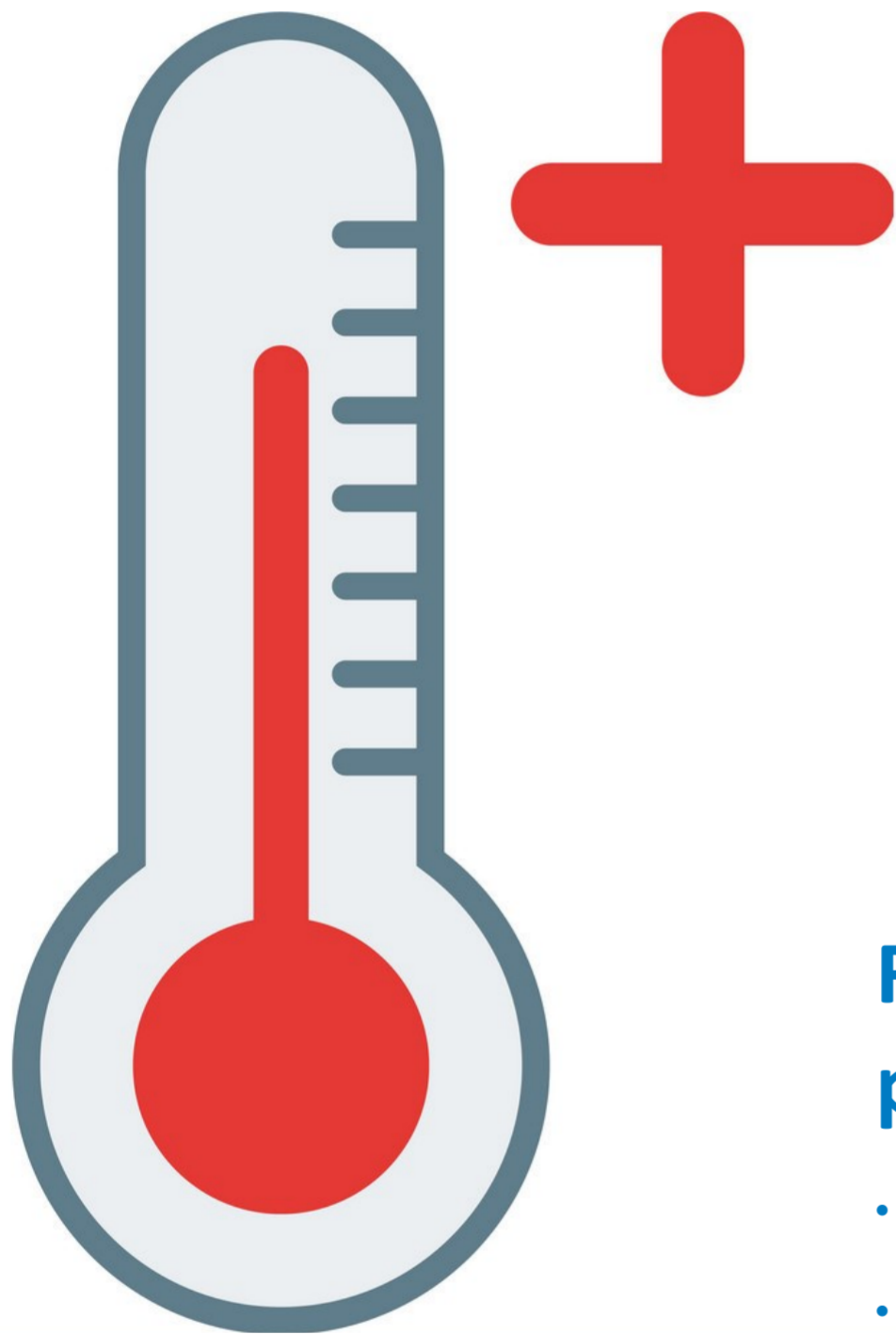


EMERGENCY OPERATIONS CENTRE






TIPS

Dealing with a Heat Wave



The weather forecast is for a heat wave:

- Drink water
- Wear a hat
- Apply sunscreen
- Find shade
- Look after each other

Wed 06/30 Sunny	Thu 07/01 Sunny	Fri 07/02 Sunny	Sat 07/03 Sunny	Sun 07/04 A mix of sun and clouds
				
41°	39°	38°	37°	36°

For info on how to be prepared:

- [Environment Canada](#)
- [Health Canada](#)
- [Interior Health](#)

For information on power outages:

- [Nelson Hydro](#)
- [Fortis BC](#)
- [BC Hydro](#)



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