

# Build your career in Fitness at the RDCK

## RDCK Aquafit Instructor & Fitness Knowledge Training Opportunities:

The RDCK is offering these training opportunities to all qualified applicants within the organization. Courses are being held at the Creston & District Community Complex.

## YOU are:

- ✓ A current employee of the Regional District of Central Kootenay and currently hold the applicable aquatic pre-requisite courses
- ✓ Able to demonstrate a strong sense of team, and aspire to develop essential & transferable leadership skills
- ✓ Passionate about contributing to your community
- ✓ A motivated learner

*To be considered for this training please submit an expression of interest outlining; your interest, your suitability to the role & availability to teach Aquafit classes via email to Human Resources by the "apply by" Thursday December 14, 2023*

## CDCC Courses:

### CFES Fitness Knowledge

#### Course Content:

*In person at the Creston & District Community Complex, or home study, this course provides the foundation for Fitness Instructor courses.*

#### Pre-Requisites:

*Age 16+*

#### Costs/Credit:

*\$275 home study/\$364 in person + tax*

#### Dates/Times:

*January 13 -14 and 20-21, 2024  
9:30am—4:30pm*

#### Barcode:

*65555*

#### Apply by:

*Thursday, December 14, 2023*

### CFES Aquafit Instructor

*Learn the skills for instructing safe & effective fitness classes in the water.*

*Age 16+ & CFES Fitness Knowledge  
\$484+tax plus certification fees*

*February 10-11, March 2-3 & 17, 2024  
9:00am-5:30pm*

*65556*

*Thursday, December 14, 2023*



For more information about this opportunity,  
call us at 250-352-1546

Email: [humanresouces@rdck.bc.ca](mailto:humanresouces@rdck.bc.ca)