

Job Posting Nelson & District Community Complex Nelson, BC

PERSONAL TRAINER

Part -Time

The Regional District of Central Kootenay (RDCK) is inviting applications for the position of **Personal Trainer** at the Nelson & District Community Complex.

The Personal Trainer is responsible for creating exercise programs and conducting workouts for clients that are goal-driven, safe and fun with a strong emphasis on customer service standards (all in accordance with the BCRPA and NFLAC guidelines).

The personal trainer is responsible for ensuring the safety of participants while providing quality training sessions.

REQUIRED QUALIFICATIONS:

- Standard First Aid
- CPR C
- AED
- BCRPA Personal Trainer Certification or equivalent
- Satisfactory Criminal Record

REQUIRED KNOWLEDGE, SKILLS & ABILITIES:

- Demonstrated ability to conduct an effective fitness assessment and design an appropriate exercise program
- Demonstrated team work and leadership abilities
- Demonstrated ability to communicate effectively with supervisor, co-workers and members of the public
- Demonstrated ability to effectively follow emergency procedures
- Demonstrated ability to provide an exceptional level of customer service
- Demonstrated knowledge of the personal trainer scope of practice and ability conduct oneself within its parameters at all times
- Ability to demonstrate initiative and self motivation

This is a great opportunity to gain experience in a collaborative and exciting career, all interested applicants should apply!

The successful candidate must be available to work a varied work schedule based on operational demands that includes day, weekend, and/or evening shifts.

This posting, along with a detailed job description, can be found on our website at **www.rdck.ca/jobs**.

To apply please complete our online form which can be found here: **Employment Application**.

Applications submitted in the form of a resume & cover letter will be accepted until the position is filled.

Apply now to avoid missing out on this opportunity!