



Job Posting

Nelson & District Community Complex
Nelson, BC

PERSONAL TRAINER

Part –Time

The Regional District of Central Kootenay (RDCK) is inviting applications for the position of **Personal Trainer** at the Nelson & District Community Complex.

The Nelson & District Community Complex has been open and welcoming guests for some time! We are operating in a safe, organized and progressive manner. This is a great time to join the team as we are developing and expanding services!

The Personal Trainer is responsible for creating exercise prescriptions and conducting workouts for clients that are goal-driven, safe and fun with a strong emphasis on customer service standards (all in accordance with the BCRPA and NFLAC guidelines).

REQUIRED QUALIFICATIONS:

- Standard First Aid
- CPR C
- AED
- BCRPA Personal Trainer Certification or equivalent
- Satisfactory Criminal Record

REQUIRED KNOWLEDGE, SKILLS & ABILITIES:

- Demonstrated ability to conduct an effective fitness assessment and design an appropriate exercise prescription
- Demonstrated team work and leadership abilities
- Demonstrated ability to communicate effectively with supervisor, co-workers and members of the public
- Demonstrated ability to effectively follow emergency procedures
- Demonstrated ability to provide an exceptional level of customer service
- Demonstrated knowledge of the personal trainer scope of practice and ability conduct oneself within its parameters at all times
- Ability to demonstrate initiative and self motivation

This is a great opportunity to gain experience in a collaborative and exciting career, all interested applicants should apply!

The successful candidate must be available to work a varied work schedule based on operational demands that includes day, weekend, and/or evening shifts.

This posting, along with a detailed job description, can be found on our website at www.rdck.ca/jobs.

To apply please complete our online form which can be found here: [Employment Application](#).

Applications submitted in the form of a resume & cover letter will be accepted until **the position is filled**.

Apply now to avoid missing out on this opportunity!