

# SPECIAL EVENTS

## Terry Fox Run

Family | CDCC – Parking lot (start and finish)

Run, walk, bike or blade your way through our 2.5 km route in town. You can do up to 4 loops. There will be water, juice and fruit available. Pledges are optional (forms available at the CDCC) and all participants receive a ribbon and certificate of achievement. Let's support the fight against cancer and keep Terry's run alive!

September 15th | Sunday 9:00 - 11:00 am | FREE

## Senior's Day

Family

This special day is dedicated to our seniors in the Creston Valley. In the morning we will have a variety of FREE, gentle activities available:

- Aqua Therapy (pool) 10:00-10:45am
- Healthy Hips and Knees 11:15-11:45am
- Walk on the Track (instructor led) 11:45-12:15pm

Then join us in the Erickson room for some entertaining BINGO! (sponsored by TAPS). Prizes to be won, fun to be had!

October 1st | Tuesday 9:00 am - 1:30 pm | FREE

## World Restart a Heart Day

Family | CDCC – Lobby

On October 16, 2019 we will celebrate World Restart a Heart Day by offering an opportunity to practice chest compressions with our state of the art mannequins and technology that measures compression depth and rate for the highest chance of resuscitation!

October 16 | Wednesday 10:00 am - 12:00 pm | FREE

## Spooktacular Swim

Family | CDCC - Pool

Join us in the pool for our second annual Spooktacular Swim! Spooky music and swimming in the dark. Caramel apples for you to enjoy, just \$2.00 each!

October 26th | Saturday 4:00 - 6:00 pm  
\$2/Child & Student, \$3/Adult

## Halloween Hysteria

Family

Get the kids dressed up for a howling good time! Prizes, candy and carnival-like games for children 11 and under. Donations of candy or prizes are gratefully appreciated.

October 31st | Thursday 4:30 - 6:30 pm | \$2/Child

## Swim with Santa

Family | CDCC - Pool

Santa and his elves are BACK! Come say hello and get an underwater photo with Santa. Enjoy some jolly fun games and candy canes! General admission applies

December 7th | Saturday 4:00 - 6:00 pm  
Membership or general admission applies

## Winter Festival

- Gingerbreadman Decorating 12:00 - 2:00 pm. 12 & under
- FREE SWIM 2:00-4:00pm

Saturday, December 14 | All Events FREE